3.3.3 Number of extension and outreach programs conducted by the institution through NSS/NCC/Red cross/YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs) during the year

3.3.4 Number of students	participating in extension	n activities at 3.3.3	. above during th	e year
Name of the activity	agency/ collaborating		Year of the activity	Number of students participated in such activities
International Yoga Day	Clara's College of Commerce	NSS	2023-24	99
International Day against Drug Abuse	Clara's College of Commerce	NSS	2023-24	171
Tree Plantation Drive	Clara's College of Commerce	NSS	2023-24	12
Environmental Rally and Tree Plantation Drive	Ekata Manch	NSS	2023-24	162
Awareness and Demonstration session on Road safety	United Way of Mumbai	NSS	2023-24	102
Training On ' Helmet for Life'	United Way of Mumbai	NSS	2023-24	25
Celebration of Independence Day	Clara's College of Commerce	NSS	2023-24	72

Principal
Claras College of Commerce
Yari Road, Versova,
Andheri (W), Mumbai - 400 061.

Distribution of				
Food to the Needy	Clara's College			
People	of Commerce	NSS	2023-24	39
Visit to Old Age				
Home-Aaji Care	,			
Elder Care Centre,	Clara's College			
Versova	of Commerce	NSS	2023-24	15
NSS Orientation	Clara's College			
Day	of Commerce	NSS	2023-24	51
Online Awareness Session on Mangroves Ecosystem	United Way of Mumbai	NSS	2023-24	37
Beach Clean-up drive on the occasion of				
International Coastal day	Ekata Manch	NSS	2023-24	66



Principal
Claras College of Commerce
Yari Road, Versova.
Andheri (W), Mumbai - 400 061.

Online Poster				
Making				
Competition On				
the occasion of	14			
NSS Foundation	Clara's College			
Day	of Commerce	NSS	2023-24	35
Swatchhta Hi				
Seva- Beach				
Clean Up drive @				
SagarKutir Beach	Clarala Callaga			
&Telvanwadi	Clara's College of Commerce	NICC	2022.24	40
Meri Maati Mera	of Commerce	NSS	2023-24	48
Desh -	Clara's College			
AmrutKalash	of Commerce	NSS	2023-24	Ε4
	Clara's College	1033	2025-24	54
Blood Donation		NCC	2022.24	-
Camp	of Commerce	NSS	2023-24	34
7 Days residential	Clara's College			
Camp	of Commerce	NSS	2023-24	25



Principal
Claras College of Commerce
Yari Principal Morso a
Andheri (W), Mumbai - 400 361.

Activity: Declamation Competition	1			
on the topic Mera				
Bharat Viksit	Nehru Yuva			
Bharat @2047	Kendra	NSS	2023-24	12
Training on Road	Nehru Yuva			
Safety	Kendra	NSS	2023-24	85
National Youth	Nehru Yuva			
Day Celebration	Kendra	NSS	2023-24	106
Beach Cleanup	Nehru Yuva			
Drive	Kendra	NSS	2023-24	113
Essay and Poster				
Making				
Competition on	Nehru Yuva			
road safety	Kendra	NSS	2023-24	97
Street Play on				
Drive Smart,	Nehru Yuva			
Arrive Alive	Kendra	NSS	2023-24	30
Yoga Training	Nehru Yuva			
Session	Kendra	NSS	2023-24	85
Rally on Road	Nehru Yuva		2 2 2	470
Safety	Kendra	NSS	2023-24	176

Claras College of Commerce Yari Road, Versova,

Andheri (W), Mumbai - 400.061.

Lecture on Skill	Nehru Yuva			
Development	Kendra	NSS	2023-24	71
Road Safety				
Awareness Drill		1		
with Andheri	Nehru Yuva			
Traffic Police	Kendra	NSS	2023-24	53
Awareness and	-			
Demonstration				
session on Road	Regional			
safety	Transport Office	NSS	2023-24	115
Street Play on				
Road Safety at	Clara's College			
M.A High school	of Commerce	NSS	2023-24	12
Marathi Bhasha		_		
Diwas-Essay	Clara's College			
Writing	of Commerce	NSS	2023-24	
			K:	
Marathi Bhasha	Clara's College	t.		
Diwas celebration	of Commerce	NSS	2023-24	72
Blood Donation				
Camp at Andheri	L.T.M.G			
station	Hospital, Sion	NSS	2023-24	28
Medical Health	Ekata Manch	NSS	2023-24	1016
Camp	Litata Francii	OLLEGE		

Claras College of Commerce Yari Road Versova. Andheri (W), Mu:nbai - 400 061.

Yari Road, Versova, Andheri (W), Mumbai-61

NOTICE

NSS/2023-24/01A

Date- 14-6-2023

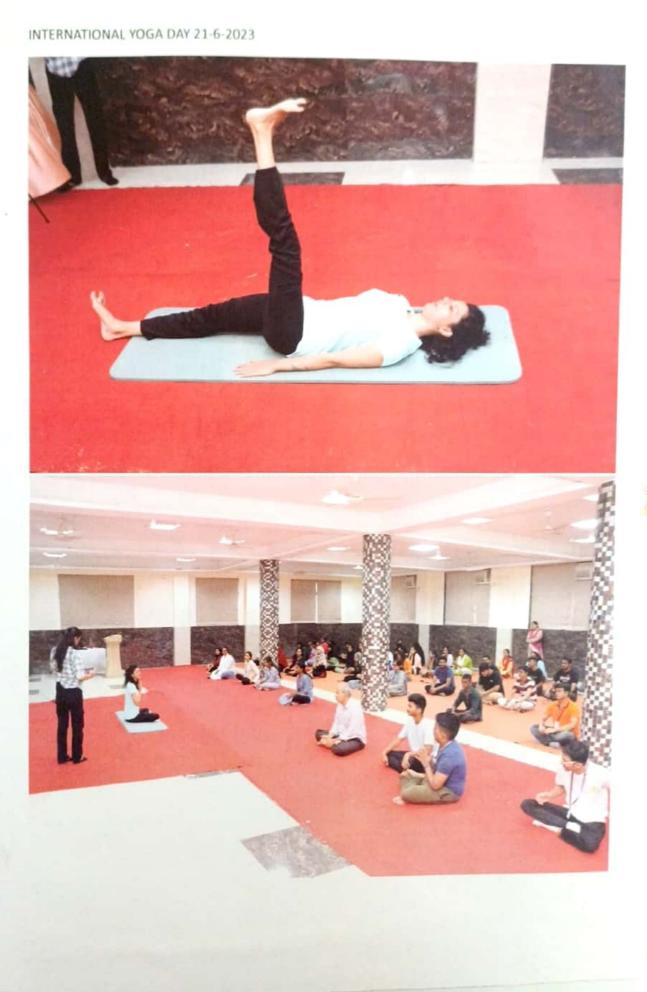
All the students are hereby informed that the NSS unit of Clara's College of Commerce is organizing Yoga Session on the occasion of International Yoga Day on Wednesday 21st June 2023 at 7.30 am.

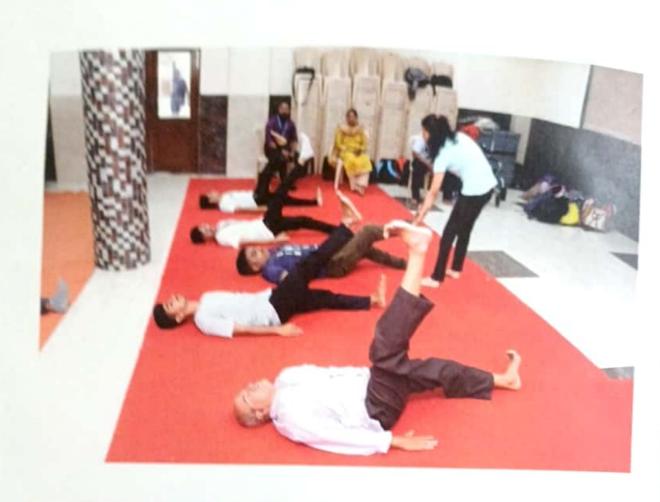
All the students are requested to kindly attend this session and benefit from the same.

Dr. Madhukar Gitte

Principal

Principal
Claras College of Commerce
Yari Road, Versova,
Andheri (W), Mumbai-400 06







Scanned with CamScanner

Yari Road, Versova, Andheri (W), Mumbai-61

Report on INTERNATIONAL YOGA DAY

Date: 21ST JUNE 2023

SDP/FDP: BOTH

Class - All Classes

Objective:

 To create awareness amongst attendees about the importance of yoga.

2. To maintain better mental, physical, and intellectual health.

Organizer: NSS

Report

Yoga has a rich cultural history and has evolved over time. It has had a significant impact on different cultures and traditions. International Yoga Day is celebrated on June 21st every year, and it is a day dedicated to promoting global harmony and peace. It is a way to celebrate the unity of different cultures and traditions, and to spread awareness about the benefits of Yoga. It helps us to understand the purpose of life and how to survive in the changing environment. International Yoga Day aims to develop the habit of meditation amongst youngsters so that they can enjoy more peace of mind and self-awareness, which is essential for a stress-free existence.

The International Yoga Day was celebrated on 21st June 2023 with great eagerness and enthusiasm at Clara's College of Commerce under the NSS Unit and coordinated by NSS PO and was attended by around 99 staff members and students. Prof.Ruchita Pandhare welcomed everyone and introduced the Chief Guest, Ms. Suman Pathania. She is a certified yoga teacher. She explained various asanas like Tadasana, Trikonasana, Padahastasan, Vrikshasan, Vajrasana, Pranayama and the following were demonstrated by faculty members and students. She educated the gathering on various ways to cope up with stress and its management and thus live a healthy life. Before the demonstration, Ms. Suman pathania explained the meaning of Yoga, illustrated Pranayama, and elaborated on its importance and benefits. She demonstrated the various Asanas and stressed on the need to be practised every single day. She elaborated on the point that regular yoga practice leads to better mental, physical and intellectual health. It positively changes the lifestyle of the people and increases the level of well-being.

The day came to conclusion with the recitation of Shanti mantra and the students and teachers carrying home the message that,

"Yoga is not for only one – it's for everyone, Yoga is not for a day- it's for everyday."

Number of Beneficiaries:

Category	Male	Female	Tota
Students	40	47	87
Faculty	07	05	12
Total	47	52	99

Outcome: This celebration helped in spreading awareness about the importance of Yoga in our day-to-day life.

Submitted by

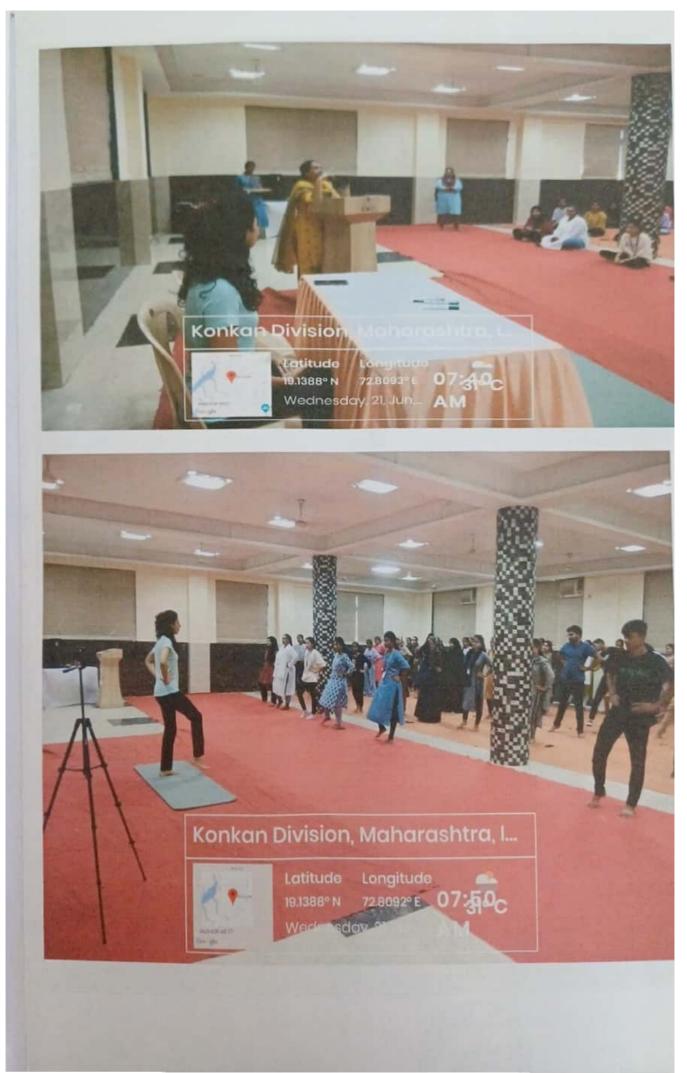
Ruchita Pandhare

Principal

Dr. Madhukar Gitte

Principal
Charas College of Commerce
Yari Road, Versova,
Andheri (W), Mumbai-400 061





Scanned with CamScanner

CLARA'S COLLEGE OF COMMERCE, YARI ROAD, VERSOVA, ANDHERI (WEST), MUMBAI-61.

NOTICE

Notice/03/2023-24

Date: 23rd June 2023.

All the students are hereby informed that our college has organized a Guest Lecture of Hon'ble Shri. Prakash Jadhavji, Deputy Commissioner of Police, Anti-Narcotics Cell, Mumbai, on the occasion of "International Day Against Drug Abuse" on Monday 26th June at 5.30 pm.

Day: Monday.

Date: 26th June 2023.

Time: 5.30 pm.

Venue: Auditorium Hall, 5th Floor.

Since this programme is organized by our College Management, attendance of all

students is mandatory.

(Dr. Madhukar Gitte)

Principal

Claras College of Commerce

Yari Road, Versova,

Andheri (W), Mumbai-400 061.



INTERNATIONAL DRUG ABUSE DAY









Report on 'A Session on Spreading Awareness Against Drug Abuse

Date: 26/06/2023 Venue: 6th Floor Hall

SDP/FDP: FDP SDP Name of the resource person: API Shrikant Karkar

& API Dada Gaikwad

Objectives:- To spread awareness amongst our students & parents about ill effects of

Drug Usage

No of Beneficiaries: - 171

Organizer IQAC & NSS unit

Report:-

An Anti-drug awareness program was conducted in the institute by IQAC & NSS UNIT on the occasion of International Day Against Drug Abuse & Illicit Trafficking. API Shrikant Karkar, API Dada Gaikwad, ASI Ankush Lushte, WHC Anita Chaure were invited as a chief guest and resource person for creating an awareness on the ill-effects of drug and alcohol consumption, in a comprehensive manner. Sri. Shrikant Karkar from the Anti Narcotics Cell from the crime branch was the motivational speaker who created awareness on the ill effects of drugs and its usage,he stated some facts which included the increasing number of youngsters getting addicted to alcohol and drugs. He also added a report by the central government demonstrated that the vast majority of youth are receiving drug and alcohol prevention messages from sources such as TV, radio, posters and pamphlets, Movie ads and campaigns. Furthermore, the report on its special analysis showed that those who have been exposed to such messages are significantly less likely to abuse drugs.

The Government of India is taking every visible effort to prevent teen drug use via the National Youth Anti-Drug Media Campaign, especially for those making the difficult transition from schools to colleges via their National-level Anti-Drug Policies.

Sir stated that the youth are the largest force of our nation and it must be directed in a positive way for their happy, healthy and holy living. Shri Dada Galkwad expressed that youth only can save themselves by conducting a large number of events campaigning the anti-drug messages to make a significant impact in the society. He said that Mumbai Police is taking all necessary measures about bringing awareness into the public via TV, radio, posters, pamphlets and movies advertises on anti-alcohol and drug prevention messages in the past 2 years rigorously. In this event, Principal, Teachers, Students of Degree and Junior College and NSS unit were present for the session. Vote of thanks was proposed by Jaisantha ma'am, thanking the honorable guest for conducting such a valuable session.

Outcome: This session was beneficial for the students and parents as it created awareness amongst all of them.

No of Beneficiaries: 17

Sr No.	Male	Female	Total
Faculty	11	10	21
Students	52	98	150
Total	63	108	171

Prepared By

Ms. Neha Parwani

Dr Madhukar Gitte

Principal Principal Cieras College of Commerce Yari Road, Versova, Andheri (W), Mumbai-400 061.







Yari Road, Versova, Andheri (W), Mumbai-61

CCC/NSS/2023-24/02

04-07-2023

NOTICE

'Plant a tree and save millions of lives'

All the NSS volunteers are hereby notified that the NSS Unit of Clara's College of Commerce has organized a **Tree Plantation Drive** on Saturday, 8th July 2023. You are already aware of the importance of tree plantation in these days of serious environmental pollution. To create a pollution-free environment tree plantation drive is important.

All the N.S.S. volunteers are requested to attend the same.

Venue- St. Catherin Orphan Home, Veera Desai College, Andheri (W)

Time- 10 am

(Dr. Madhukar Gitte)

Principal

Principal
Charas College of Commerce
Yarl Road, Vandya,
Andheri (W), Mumbar 400 061









Yari Road, Versova, Andheri (W), Mumbai-61

Report on Tree Plantation Drive

Date: 8th July 2023

SDP/FDP: BOTH

Class - All Classes

Objective:

- To express our concern to the environment,
- To beautify the areas for scenic beauty
- To promote environmental values and Institutional Social responsibility.
- To make the students aware about the importance of planting trees and restoring depleted & degraded land.

Number of Participants: 12

Organizer: NSS

Report

"Plant a memory, plant a tree, do it today for tomorrow."

Nature is God's most beautiful creation. It facilitates the growth, development and nourishment of all its creatures. Trees are the foremost source for producing the oxygen in environment, they helps to reduce the level of CO2. As we all know that the whole world is facing the problem of global warming and to recover from such problem planting the trees has become one of the most important remedy today. Keeping this in mind the tree plantation drive was initiated by the NSS Unit of Clara's College Of Commerce on 8th July 2023 at St. Catherin Orphan Home, Andheri (W). This was a great initiative to make our atmosphere neat and clean. The campaign's main aim was to direct student's mind in constructive activities with the positive outcome through the facilitation of contributing to the society.

The volunteers brought various saplings. The students participated in the drive enthusiastically and helped each other in planting the saplings. A very first tree was planted by Sister Nirmala, Principal of St. Catherin School. Dr. Madhukar

Gitte, Principal of Clara's College of Commerce also planted a tree. The total trees planted by all others were more than 20 on the day. Volunteers took an oath to look after the planted saplings, plant more and more trees and encourage others to do the same.

Such little steps taken together by the college and students will surely help in fostering strong mental and social health amongst today's youths so that they connect with their peers, their elders, their community and their environment.

Outcome:

Tree planting events connected to the students to the benefits of trees and Fostered environmental sensitivity in them. It also brought them closer to the environment.

Number of Beneficiaries:

umber of Beneficiaries	Male	Female	Total
Category	1113		10
NSS	07	03	
Volunteers		- 01	02
Faculty	01	01	
racuity	08	04	12
Total			

Mr. Ajay Kaul Sir, Secretary, Mr. Prashant Kashid Sir, Activity Chairman, and Principal Dr. Madhukar Gitte guided and encouraged to conduct the activity.

Submitted by:

Ruchita Pandhare

Dr. Madhukar Gitte

Principal Claras College of Commerce Yarl Road, Versova, Andheri (W), Mumbai-400 061

CLARA'S COLLEGE OF COMMERCE Yari Road, Versova, Mumbai.

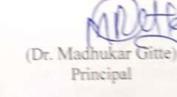
NOTICE

Notice/13/2023-24 11.07.2023

All the Teaching and Non- Teaching Staff are hereby informed that Ekata Manch in association with some prominent organizations and renowned educational institutions and our Clara's College of Commerce is organizing an Environmental Awareness Rally and Tree Plantation Drive on Friday 14th July 2023.

The Rally will start from Chacha Nehru Park, Model Town, Four Bungalows, Andheri (West) at 04.30 p.m and terminate at Orchid International School at Yari Road, Versova, Andheri (West), Mumbai – 400061. Reporting Time for all Teaching and Non Teaching staff is 04.00 p.m.

It is mandatory for all the Staff members to attend the said Rally.



Principal
Chiras College of Commerce
Yarl Road, Versiwa.
Andheri (W), Mumbai-400 061









Yari Road, Versova, Andheri (W), Mumbai-61

Report on Environmental Rally and Tree Plantation Drive

Date: 14" July 2023

SDP/FDP: BOTH

Class - All Classes

Objective: To create awareness among the society for Environmental

protection.

Number of Participants: 162

Organizer: NSS

Report

"THINK GREEN LIVE GREEN"

Mumbai Suburban District Legal Services Authority, Brihanmumbai Mahanagar Palika K-West Ward, University of Mumbai in association with Ekata Manch, conducted the biggest environmental rally 'Eco-Walk' to propel people to 'Plant Saplings and Say No to Plastic' in Mumbai. Like humans, trees too have lives and feelings. As we all know that the whole world is facing the problem of global warming and to recover from such problem planting the trees has become one of the most important today's aspects. Keeping this in mind, NSS linit of Clara's College of Commerce participated in the Environmental rally. Fally commenced from Chacha Nehru Park besides Versova Metro Station at 430 pm and culminated to Orchid International School at 6.00 pm.

Phenomenal gathering of 6000+ attendees including NGOs, N.S.S units of arious colleges of Western Suburban Zone, Schools & Local communities afted in this rally and marched to raise awareness about environmental issues and raise their voices in support of environmental conservation. They are the masses about the menace of environmental degradation and aggested measures to reduce the usage of plastic and increase the plantation trees.

^{Ionourable} Smt. Mangla M. Thakare, Chairperson, MSDLSA, Mumbai Pricipal dege, Family Court Mumbai was the chief guest of the event. Dr. Madhukar

Gitte, Principal Of Clara's College Of Commerce welcomed the chief guest. Honourable Smt. Mangla M. Thakare stated that, "If we don't act fast, our present and future is doomed. If ill practices like pollution, using plastic, and cutting of trees continue, we will be responsible for the end of the world."

The felicitation ceremony, filled with warmth & appreciation, became a testament to the power of collective action. The presence of important personalities like Honourable Shri Satish Hiwale , MSDLSA Secretary & Judge , Shri Krishnakant Upadhyay , D.C.P zone IX , Shri Shashikant Mane, ACP Oshhiwara Division, Dr. Mohan Amrule , Director of Physical Education & of the eco warriors' Contributions & their impassioned speeches reinforced the urgency of the environmental cause. The event served as a unifying platform, of a better world.

Principal Shri. Ajay Kaul-Founder of Ekata Manch and Principal of Children Welfare Centre High School stated that the environment's equilibrium was constantly worsening due to the shortage of trees and plants. Planting trees is vital to maintain the environment's balance.

Participants marched with placards and banners bearing slogans about pollution control, saving energy, and reducing water wastage. They also urged people to switch off electric gadgets when not in use, stop using plastic bags, do not dump waste in water bodies, plant more trees, and throw garbage only in trash cans. NSS unit of Valia College performed street play. This street play gave a great message of love and care for nature; it also gave different messages like 1. Keep our Surroundings clean, 2. Separate dry and wet garbage, 3. Take advantage of garbage van, 4. Use cloth or paper bags, instead of plastic bags etc. On this occasion more than 50 saplings were planted at different locations within Versova Area.

The participants on the occasion took an oath to protect the environment, take steps towards sustainable development, and work towards building a cleaner and greener society. All the participants solemnly pledged to abide by it. The Drive was a huge success empowering students with sustainable knowledge of environment and plants and simultaneously enhancing their social responsibility.

Number of Beneficiaries:

Category	Male	Female	Total
Students	46	34	80
Faculty	07	07	14
Other Colleges	45	23	68
TOTAL	98	64	162

NSS Programme Officer

Ruchita Pandhare

Dr. Madhukar Gitte

Principal Claras College of Commerce Yari Road, Versova, Andheri (W), Mumbal-400 061



Yari Road, Versova, Andheri (W), Mumbai-61

CCC/NSS/2023-24/03

10-07-2023

NOTICE

All the students are hereby informed that N.S.S Unit of Clara's college of commerce is organizing 'Awareness and Demonstration session on Road safety' in association with united way of Mumbai on Tuesday, 18th July, 2023.

All students are requested to attend the same.

Venue-Room no-57 (4th Floor)

Time- 8.00 am

(Dr. Madhukar Gitte)

Principal

Principal
Charas College of Commerce
Yari Road, Versiva,
Andheri (W), Mumbai-400 061



ROAD SAFETY





Awareness session on road safety-18th July 2023





Yari Road, Versova, Andheri (W), Mumbai-61

Report on Awareness and Demonstration Session on Road Safety

Date: 18th July 2023

SDP/FDP: SDP

Class - All Classes

Objective:

- To create awareness on road safety among students.
- To educate students about the road safety and what precautions need to be taken to avoid road accidents.

Number of Participants: 102

Organizer: NSS

Report

Road safety is a most common and important topic and has been added to various fields like education, social awareness, etc in order to bring more awareness in the public especially among school and college students. Everyone needs to be well aware of the road traffic rules especially children and young people who are at significant road accident risks. It is found that most of the hospitalization cases and leading cause of death are because of the road trauma. Everyone should learn the road traffic and safety rules at a very early age to perform safer behaviours in the later life. It is essential, therefore, to ensure that, as far as possible, we can all use the roads safely. The human and economic damage caused by road crashes is largely preventable.

Keeping this in mind, N.S.S. Unit of Clara's College of Commerce organized an Awareness and Demonstration Session on Road Safety in association with United Way Of Mumbai- A non-profit organisation who is working in urban and rural communities across India to identify and implement the most impactful solutions to community problems. The program was initiated to create awareness about the road safety measures so that it will benefit the society on a long run. The session was conducted by Mr. Sujit Patil, Member of United Way of Mumbai. Mr. Sujit Patil in his session said "Awareness on the road is

very important for your safety and safety of others". He discussed the statistics of various types of road accidents in Mumbai and explained the reasons that lead to these accidents. He further gave examples of various types of traffic violations and the penalties associated with them. He urged the audience to come to the help of road accident victims and stated that those who come forward are protected through the Good Samaritan Law.

Overall, it was an interactive and informative session that helped in inculcating a sense of road safety among the young students of our country.

Number of Beneficiaries:

Category	Male	Female	Total
Students	56	46	102

NSS Programme Officer

Ruchita Pandhare

Principal

Dr. Madhukar Gitte

Principal Claras College of Commerce Yari Road, Versova, Andheri (W), Mumbal-400 051



Yari Road, Versova, Andheri (W), Mumbai-61

NOTICE

NSS/2023-24/04

Date- 11-6-2023

All the students are hereby informed that the NSS unit of Clara's College Commerce is conducting Training on 'Helmet for life' in association with Unite Way Mumbai on 26th July 2023 at 8.00 am in room no. 57, 4th floor.

All the students are requested to kindly attend this session and benefit from the same.

Note:

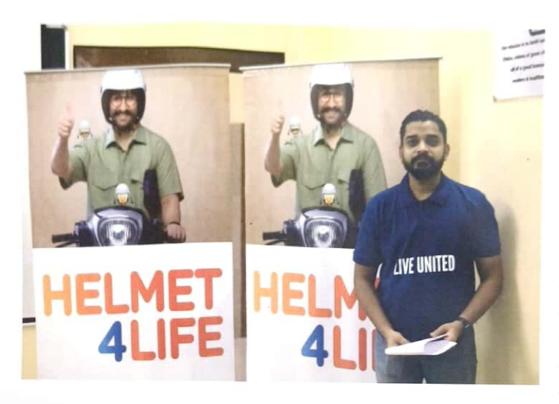
- > The students have driving or learning license and those who happlied for the license can only attend this session.
- > All participants need to carry a Xerox copy of their license.
- Each participant will get a Helmet and E-certificate after t training.

Dr. Madhukar Gitt

Principal

Principal
Charas College of Comm
Yari Road, Versova
Andheri (W), Mumbai-4











Yari Road, Versova, Andheri (W), Mumbai-61

Report on Training on 'Helmet for Life'

Date: 26th July 2023

SDP/FDP: BOTH

Class - All Classes

Objective: To build awareness and equip students to be safer, responsible

two-wheeler riders.

Number of Participants: 25

Organizer: NSS

Report

"If helmet saves life, why not wear it?"

In India, 4 people die every hour because of not wearing helmet. This is serious issue to be taken in account. Wearing a helmet decrease the risk an severity of injuries by 72 percent.

To educate people about the necessity of wearing helmet, and to create safet awareness, N.S.S Unit of Clara's College Of Commerce organized Training of Helmet for Life' in association with United Way Of Mumbai and Total Energie Foundation on 26th July 2023 at 10.00 am in the A.V Room. The Helmet for Life initiative aims to promote safe two-wheeler riding by educating people about the importance of wearing helmets for safety, creating awareness about safe riding practices, and motivating them to follow compliance norms, with the ultimate goal of reducing two-wheeler road accidents. The training involve theoretical and practical guidance to potential two-wheeler riders to mitigat the issue. The session was conducted by Mr. Roshan kate, Member of Unite Way of Mumbai. Mr. Roshan Kate spoke about the needs to follow the traff rules to avoid accidents and do's and don't while selecting a helmet to proteoneself from serious head injuries. He insisted that pillion should wear helmet. "A pillion is the most unaware person. Riders can be alert if they a danger ahead a few seconds before the mishap but the pillion, especies

children and youth, are not alert and often we find pillion riders have maximum fatalities," he added.

In a bid to inform and educate students the importance of head safety gear during riding or accompanying pillion riders, 25 free helmets were distributed to students. Overall, it was an interactive and informative session that helped in inculcating a sense of road safety among the young students of our country.

Number of Beneficiaries:

Category	Male	Female	Total
Students	20	05	25

NSS Programme Officer

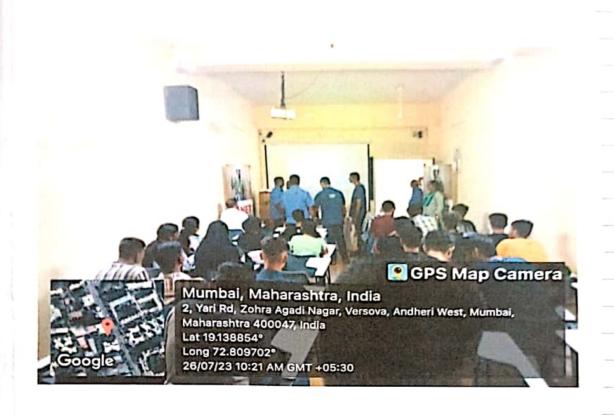
Ruchita Pandhare

AND COLLEGE OF THE PARTY OF THE

Principal

Dr. Madhukar Gitte

Principal
Claras College of Comme
Yari Road, Versova,
Andheri (W), Mumbai-400





CLARA'S COLLEGE OF COMMERCE Yari Road, Versova, Mumbai.

NOTICE

Notice/33/2022-23

14.08.2022

All the students of B.Com/BMS/BAMMC/BAF/M.Com are hereby informed that, by the direction of the management, they are required to be present for Flag Hoisting Ceremony on 15th August, 2023 at 9.00 a.m in college Campus on account of "Independence Day".

Reporting time is 08.00am.

Attendance is compulsory for all the students.

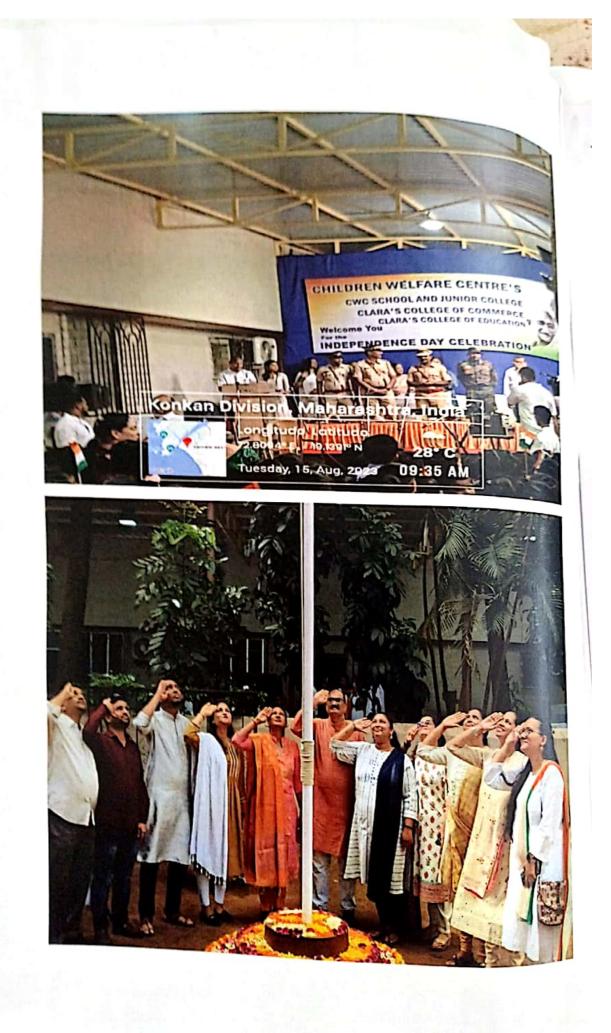
Solution (Solution)

(Dr. Gitte Madhukar) Principal

Principal
Claras College of Commerce
Yari Road, Versova,
And' V), Mumbai-400 961







Yari Road, Versova, Andheri (W), Mumbai-61

Report on Independence Day

Date: 15th August 2023

SDP/FDP: BOTH

Class: All Classes

Level: College Level Activity

Hours Devoted: 2 Hours

Number of Participants: 72

Objective- To commemorate the sacrifices of our freedom fighters and remember the importance of our Independence Day.

Organizer: NSS

Report

"We are Indians firstly and Lastly"

It was a red letter day in the history of India when the country got her freedom on August 15, 1947. It took hundreds of years for us to break shackles of slavery. People of the country celebrate this festival every year with great pomp and show. The main Programme is celebrated at the Red Fort in New Delhi. Besides, this festival is also celebrated in every city and town, in schools, colleges and universities.

The N.S.S. Unit of Clara's College of Commerce celebrated the 76th Independence Day with enthusiasm and grandeur on 15th August 2023, in the college ground. The program started at 9.00 a.m. Honorable Trustee Shri. Ajay Kaul sir, welcomed the gathering. Mr. P. Anuragji , army officer and Mr. Shashikant More , ACP , D. N . Nagar Division were the Chief Guests. The flag was hoisted by the Chief Guest Mr. P. Anuragji . In his address, he mentioned that the feeling of patriotism instills with time and nurtures only when we show respect and belongingness to our country. Speaking in light of the busy schedule of the students he accentuated, "Health can never be outsourced like money and wealth generation and thus taking good care of one's health is very important."

Various cultural programmes were directed with the aim of developing the headship potentials of students. Some speeches were delivered by School, Junior & Degree college students. Students spoke about the importance of the Independence Day & expressed their emotions through patriotic songs & speeches.

The Independence Day has a great prominence in every citizen's life. This day prompts us every year that freedom is sacred and citizens must do everything to ensure that it shall not be vanishing.

Outcome: This Independence Day celebration reminded us of the immense sacrifices of those who gave up their lives for the freedom of India.

Number of Beneficiaries:

Category	Male	Female	Total
Students	27	25	52
Faculty	12	08	20
Total	39	33	72

Prepared By:

Ruchita Pandhare

SIEGE OF CONTROL OF THE PROPERTY OF THE PROPER

Dr. Madhukar Gitte

Principal
Ciaras College of Commerce
Yarl Road, Versova
Andheri (W), Mumbal-400 061

Clara's College of Commerce Yari Road, Versova, Andheri, Mumbai-61

CCC/NSS/2023-24/07

10-08 -2023

This is to inform all the NSS volunteers that as a part of community work NSS unit of Clara's College of Commerce will be distributing food to the needy people in the local adopted area Versova.

All are required to participate in this noble cause.

Date- 15th August2023

Time-11.00 am

Dr. Madhukar Gitte

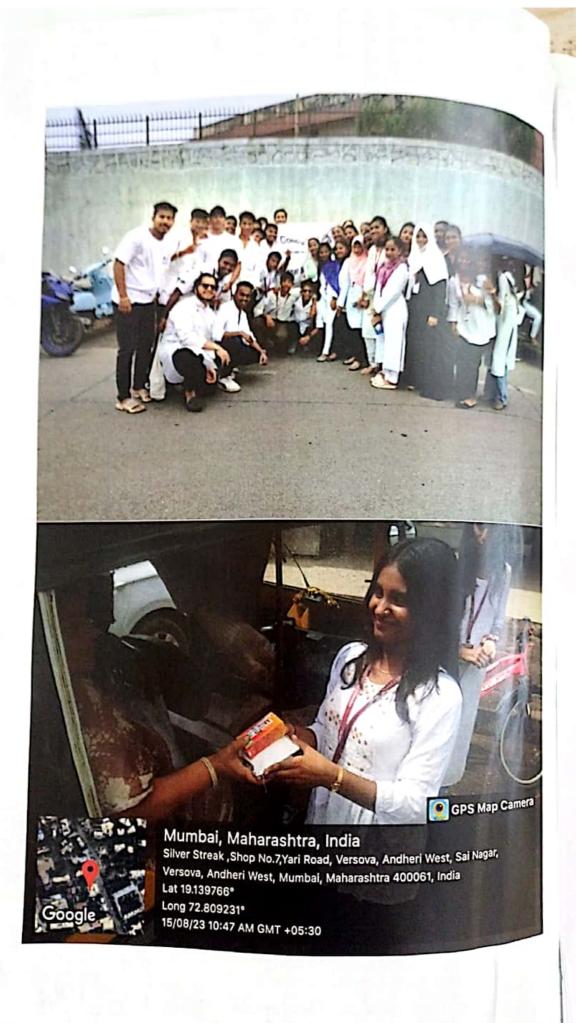
Principal

Principal
Claras College of Commerce
Yari Road, Versova,
Andheri (W), Mumbai-400 061





Scanned with CamScanner



Yari Road, Versova, Andheri (W), Mumbai-61

Report on Distribution of food to the needy

Date: 15-08-2023

Level- Area Level

Hours Devoted: 3 hours

Objective: The initiative aims to inculcate empathy and feeling of devotion in students and service to mankind.

Number of Participants: 39

Organizer: NSS Unit

REPORT

"If you can't feed a hundred people, then feed just one." Mother Teresa

It is to be remembered, that health truly begins with no one remaining hungry...As a part of community work, NSS volunteers of Clara's College of Commerce distributed food packets to the homeless people living in and around the local area of Versova on 15th August 2023.

Volunteers made Poha on their own keeping cleanliness and hygiene in place. Volunteers packed and distributed 85 food packets.

Number of Beneficiaries:

Category -	Male	Female	Total
Total	18	21	39

Prepared by: Mrs. Ruchita Pandhare Dr. Sakshi Kumar Dr. Madhukar Gitte

Principal
Principal
Claras College of Commerce
Yari Road, Versova,
Andheri (W), Mumbai-400 061.



Clara's College of Commerce Yari Road, Versova, Andheri, Mumbaj-61

CCC/NSS/2023-24/08

17-08 -2023

Notice

All the N.S.S. Volunteers are hereby informed that N.S.S Unit of Clara's college of Commerce is conducting 'A Visit to Old Age Home' on the occasion of Senior Citizen Day.

All the N.S.S. volunteers are requested to attend the same.

Venue- Aaji Care Elder Care Centre, Versova

Date - 22nd August 2023

Time- 11.00 a.m

Dr. Madhukar Sine

Principal

Principal
Claras College of Commerce
Yari Road, Versova,
Andheri (W), Mumbel-400 (%)





10年11年7月11日





Yari Road, Versova, Andheri (W), Mumbai-61

Report on Old Age Home Visit

Date: 22-08 -2023

Level- College Level

Hours Devoted: 4 hours

Objective: To sensitize the students about the problems faced by the elderly, learn how to respect them, care for them and listen to their experiences and their advice.

Number of Participants: 15

REPORT

NSS unit of Clara's college of Commerce celebrated Senior Citizen Day with Aaji Care Elder Care Centre, Versova on 22 August 2023. Volunteers interacted with the elderly followed by an entertainment program with old music and dance. The inmates were very happy to interact and blessed everyone immensely. It was a joyous occasion which brought positive energy and rays of happiness among the elderly people.

They were presented with flowers as a token of appreciation by the students. NSS students were elated to perform on their favourite songs. The environment was filled with breath of fresh air. It was a humbling and rewarding experience. We were able to make out that they were very happy to have us there, and they also mentioned about it in their vote of thanks. They said that they'll look forward to our visit again.

Outcome: It allowed volunteers to connect with the elderly people, learn from their experiences, and reflect on the importance of spending time with and caring for the elderly.

Number of Beneficiaries:

Category	Male	Female	Total
Students	07	05	12
Faculty	01	02	03
Total	08	07	15

Prepared By

Dr. Sakshi Kumar

Principal

Dr. Madhukar Gitte

Principal Claras College of Commerce Yarl Road, Versova, Andheri (W), Mumbai-400 app



Clara's College of Commerce Yari Road, Versova, Andheri, Mumbai-61

CCC/NSS/2023-24/09

04-09 -2023

Notice

All the N.S.S. Volunteers are hereby informed that N.S.S Unit of Clara's college of Commerce is organizing N.S.S Orientation Programme on Wednesday, & September, 2023 at 09.00 a.m. in the room no-57(4th floor)

All the N.S.S. volunteers are requested to attend the same.

Dr. Madhakar Gal

Principal

Principal Claras College of Comment







Scanned with CamScanner

CLARA'S COLLEGE OF COMMERCE Yari Road, Versova, Andheri (W), Mumbai-61

Report on NSS Orientation Programme

Date: 06/09/2023

Class - All Classes

Objective: To create awareness among the students about NSS and to explain the role of them in various activities.

explain the role of them in various activity

Number of Participants: 51

HOURS DEVOTED: 2 Hrs

LEVEL: College Level Activity

Organizer: NSS UNIT

Report

The N.S.S. unit of College organized orientation program for all the students of FY B.Com/BMS/BAF/BMM on 6th September 2023. Mr. Pranav Panchal, NSS Area coordinator of Western Suburb, University of Mumbai was the resource person. Principal Dr. Madhukar Gitte gave welcome address and felicitated guests with token of love. Mr. Pranav Panchal explained the aims, objectives and working of N.S.S. He educated volunteers regarding the benefits of N.S.S.

Key points covered in the meeting were:

- NSS Seven Day NSS Camp and
- NSS Special Activities
 The programme ended with a Vote of Thanks delivered by Mrs.
 Ruchita Pandhare, NSS Programme Officer.

Outcome:

- 1. The orientation was completed successfully.
- Students enjoyed the session and were really happy to gain knowledge about the National Service Scheme.
- Students clearly understood the concept of NSS and its aims and objectives. They also came to know about the impact of NSS on society.

- Students got information about the activities to be conducted in the coming days.
- 5. The message of the NSS was successfully conveyed to the students.

Number of Beneficiaries:

Category	Male	Female	Total
	24	27	51

Mr. Ajay Kaul Sir, Secretary, Mr. Prashant Kashid Sir, Activity Chairman, and Principal Dr. Madhukar Gitte guided and encouraged to conduct the activity.

Submitted by:

Ruchita Pandhare

CMC C. S. P.S.

Dr.Madhukar Gitte

Principal
Claras College of Commerce
Yar' Road, Versova,
Andheri (W), Mumbai-400 061

Clara's College of Commerce Yari Road, Versova, Andheri, Mumbai-61

CCC/NSS/2023-24/10

08-09 -2023

Notice

"Mangroves are superheroes, a triple dividend of resilience, biodiversity gain and people"

All the students are hereby informed that N.S.S Unit of Clara's College of Commerce is organizing Online Awareness session on Mangroves Ecosystem in association with United Way Of Mumbai on Monday, 11th September, 2023 at 10.30 a.m.

All are requested to attend the same.

Platform-*Google Meet *

Note: link will be shared in the WhatsApp group.



Principal

Principal
Claras College of Commerce
Yar' Road, Verse
Andheri (W), Mumbar-Junes







The land of the land

CHILDREN WELFARE CENTRE

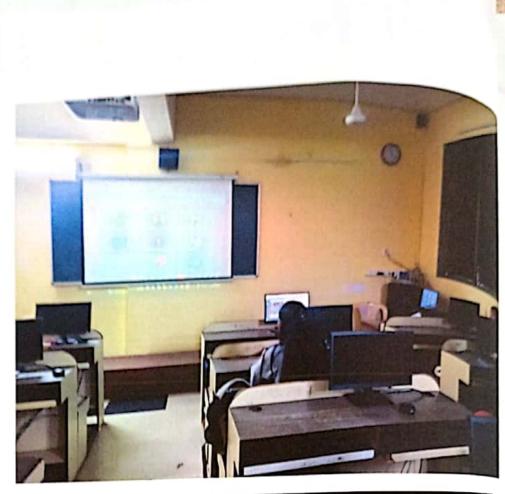
Clara's College of Commerce

(Affiliated to University of Mumbal and NAAC Accredited)
Address - Yari Road, Versova, Mumbal - 400061
Contact No - 7738801168, Website - clarascollegeofcommerce.edu.in

NSS Unit Committee organises ONLINE AWARENESS SESSION "MANGROVES ECOSYSTEM" ASSOCIATION WITH UNITED WAY OF MUMBAI

Date - 11th September, 2023 Time - 10:30 am Plateform - Google Meet

Regards Dr. Madhukar Gitte Principal





Yari Road, Versova, Andheri (W), Mumbai-61

Report on Online Awareness Session on Mangroves Ecosystem

Date: 11th September 2023

SDP/FDP: SDP

Class - All Classes

Objective: To generate awareness regarding the importance of preserving Mumbai's mangrove cover, which not only serves to protect our coastline, but is also home to a vast range of unique flora and fauna.

Number of Participants: 37

Organizer: NSS

Report

The mangrove ecosystem in Mumbai plays a crucial role in protecting the city from coastal erosion, storm surges, and flooding. The mangroves act as a natural barrier, absorbing the energy of waves and reducing the impact of storms on the coast. They also help to maintain the water quality of the surrounding areas and provide a habitat for a diverse range of plants and animals. However, the mangrove ecosystem in Mumbai is under threat from a variety of human activities such as urbanization, pollution, and illegal land reclamation. These activities have led to their destruction and a decline in the population of the plants and animals that depend on them. Conservation efforts are underway to protect and restore the mangrove ecosystem in Mumbai, but they face challenges due to a lack of awareness and financial support.

Keeping this in mind, N.S.S. Unit of Clara's College of Commerce organized an Online awareness session on Mangrove Ecosystem in association with United Way of Mumbai- A non-profit organisation. United Way of Mumbai aimed to

throw a spotlight on this by conducting Mangrove Awareness and to restore the mangrove cover in Mumbai. The session was conducted by Mr. Tushar Warang, Member of United Way of Mumbai. Throughout the session he spoke about the uses, importance and various aspects of mangrove ecosystem. Overall, it was an interactive and informative session.

Number of Beneficiaries:

Category	Male	Female	Total	
Students	26	11	37	

Outcome: Volunteers were sensitized on the need for conserving mangroves.

Prepared by:

Ruchita Pandhare

Principal

Dr. Madhukar Gitte

Principal Claras College of Commerce Yari Road, Versova, Andheri (W), Mumbai-400 061





YARI ROAD, VERSOVA, ANDHERI (W), MUMBAI-400061

CCC/NSS/2023-24/11

09-09-2022

NOTICE

Every year third Saturday of September is observed as International Coastal Cleanup Day across the world. This day aims at bringing cleanliness to the nature by creating awareness about increasing pollution on the beaches around the world.

All the students are hereby informed that the N.S.S. unit B- 21 of Clara's College of Commerce is participating in the Coastal Cleaning Drive in association with Ekata Manch to celebrate Azadi Ka Amrit Mahotsav.

Day: Saturday

Date: 16th September 2023

Venue :Sagar Kutir, Versova Beach

Time: 7.00 AM onwards

> Prior Registration is mandatory

Registration link: https://forms.gle/j2KsKMAhXzrBHhwM7

Dr.Madhuka Principal

Principal Claras College of Commen Yari Road, Versova, Andheri (W), Mumbai-400







Yari Road, Versova, Andheri (W), Mumbai-61

Report on Coastal Cleaning Drive

Date: 16/09/2023

Level : Area Level

Hours Devoted: 3 hours

Objective:

1.To raise awareness among people about marine pollution.

2 To reduce garbage and plastic in the sea with the help of local people.

Number of Participants: 66

Organizer: NSS UNIT

Report

Every year thousands of tons of garbage winds up in the oceans, with at least 60% of that being composed of plastic material. Plastics, especially, last a very long time in the sea and are in such abundance that there are 46,000 individual pieces of plastic litter for every square mile of ocean! This is a dire situation for the health of the earth's oceans, which directly impacts the health of its people.

It's time to celebrate International Coastal Cleanup Day and help make the planet a cleaner, happier place for humans, plants, and animals.

On the occasion of International Coastal Cleanup Day, N.S.S. Unit of Clara's College Of Commerce, in association with Ekata Manch organized Beach clean-up drive on 16th September 2023 at Sagar Kutir, Versova Beach. The aim behind the 'Beach Cleaning Drive' was to remove the plastic waste which was thrown by people and thrown out from the sea. Teams of volunteers spread all around the beach with disposable bags and collected many types of plastic waste.

The Drive was ended with giving the waste to the dumping van and meeting with the beach cleaning officials and leaving behind a clean beach. Volunteers have collected 120-130 bags of garbage which weighted around 25 kgs each.

Outcome: The drive left the volunteers pondering upon how waste can drastically harm the environment.

Number of Beneficiaries:

Category	Male	Female	Total
Students	36	26	62
Faculty	01	03	04
Total	37	29	66

Mr. Ajay Kaul Sir, Secretary, Mr. Prashant Kashid Sir, Activity Chairman, and Principal Dr. Madhukar Gitte guided and encouraged to conduct the activity.

Submitted by:

Ruchita Pandhare

Dr.Madhukar Gitte

Principal
Claras College of Commerce
Yari Road, Versova,
Andheri (W), Mumbai-400 061



Yari Road, Versova, Andheri (W), Mumbai-61

NSS/2023-24/12

Date- 15-09-2023

NOTICE

N.S.S unit of Clara College of Commerce is organizing Online Poster Making competition on the occasion of N.S.S Foundation Day on 24th September 2023

Themes:

- Swachhta Hi Seva
- MeriMatiMeraDesh

Eligibility: All students of Clara College of Commerce

Rules:

- The poster should be original and handmade.
- The poster should be A4 size.
- Digital Posters are not allowed.
- The poster should be e-mailed on the day of the competition at ruchita.pandhre@clarascollegeofcommerce.edu.in
- The poster should be judged on the basis of creativity, originality, and relevance to the theme.

Note:

- All participants will receive a certificate of participation.
- Result will be declared on 25th September 2023 at 10:30 am in the room of 57.
- The decision of the judges will be final.
- Best poster will be displayed on the notice board.



Principal

Dr. Madhukar (iii

Principal

Claras College of Common Yari Road, Versou Andheri (W), Mumbai-iii







Yari Road, Versova, Andheri (W), Mumbai-61

Report on NSS FOUNDATION DAY- AN ONLINE POSTER MAKING COMPETITION

Date: 24/09/2023

Class - All Classes

Objective: To create awareness among the students about NSS and to explain

the role of them in various activities.

No raber of Participants: 35

LEVEL: College Level Activity

Organizer: NSS UNIT

Report

The N.S.S. unit of College Of Commerce organized an Online Poster making Competition on the occasion of NSS Foundation Day on 26th September 2023. The themes of poster competition were 'Swachhta Hi Seva' and 'Meri Maati Mera Desh'. Many students enthusiastically participated in the competition. There were in all 35 student participants. The aim behind the competition was to show creative and artistic skills of students and also to spread awareness among them about a various NSS activities..

The decision regarding the winners was made on the basis of following criteria:

- · Relevance to the theme
- Accuracy and clarity of the message
- Poster quality
- Overall presentation

The following students bagged the first, second and third position in the Online poster making competition:

Rank	Name of the student	Class
1 st	Ms. Yukti Koli	F.Y.BMS
2 nd	Ms. Mehwaj Ansari	F.Y. BMS
3 rd	Muskaan Shaikh	F.Y.BCOM

Our principal Dr. Madhukar Gitte encouraged the students by the prize distribution and appreciated the efforts exhibited by the students and faculties. Consolation prizes were given to all the participants. It was an interesting activity for the students as the students participated in the competition with great enthusiasm.

Number of Beneficiaries:

Category	Male	Female	Total
1	15	20	35

Submitted by:

RuchitaPandhare

Principal

Dr.Madhukar Gitte

Principal Claras College of Commerce Yari Road, Versova, Andheri (W), Mumbai-400 061

Yari Road, Versova, Andheri (W), Mumbai-61

NSS/2023-24/13

Date- 25-09-2023

NOTICE

Keeping 'Swatcchta Hi Seva' theme in mind, Ekata Manch in association with BMC K-West Ward and Clara's College of Commerce is organizing Beach Cleanup Drive at Sagar Kutir and TelvanWadi, Versova, Mumbai on 1st October 2023, Sunday at 09 00 am onwards.

All the students are requested to participate for this noble cause and contribute your efforts for cleaning the environment.

Principal

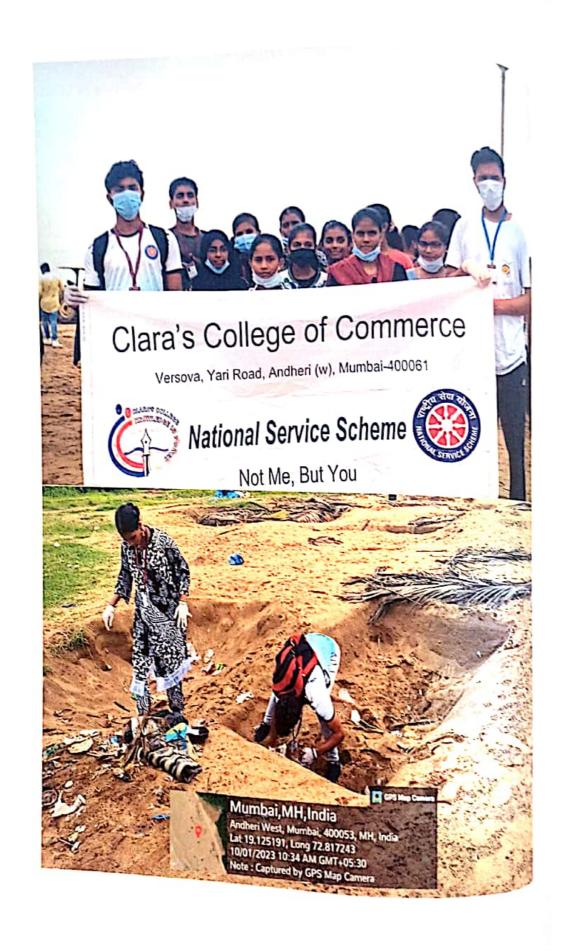
Dr. Madhukar Gitte

Principal
Charas College of Comments
Yari Road, Verseva,
Andheri (W), Mumbai-40000









Yari Road, Versova, Andheri (W), Mumbai-61

Report on Beach Clean up Drive under the theme "Swachhata Hi Seva".

Date: 1-10-2023

Level- Area Level

Hours Devoted: 2 hours

Organizer: NSS UNIT

Objectives:

To improve the cleanliness and appearance of the beaches of Versova.

To protect the marine environment from pollution.

To raise awareness of the importance of keeping our environment clean.

 To provide an opportunity for volunteers to come together and make a difference in our community.

Number of Participants: 48

Report

Swatcchta Hi Seva (SHS) is a community-led initiative that emphasizes the importance of everyone's participation in keeping their surroundings clean. The campaign encourages people to volunteer their time and energy to clean up their neighborhoods, public places, and water bodies.

On 1st October 2023, the NSS unit of Clara College of Commerce conducted a beach cleanup drive in association with BMC K-West Ward and Ekta Manch at Sagar Kutir and Telvan Wadi, Versova, Mumbai under the theme of "SwachhataHi Seva". About 43 volunteers and 5 faculty members participated in the cleanup drive.

Total 24 female students and 19 male students participated in the drive. The volunteers arrived at the beach at 9:30 am and were divided into teams. Each team was assigned a different section of the beach to clean up. The volunteers worked hard for two hours, collecting all sorts of trash, including plastic bottles, bags, and food wrappers.

The trash was then collected properly by BMC K-West Ward employees.

The beach cleanup drive was a great success. It helped to make the beaches of Versova cleaner and more enjoyable for everyone. It also sent a strong message about the importance of keeping our environment clean.

Number of Beneficiaries:

Category	Male	Female	Total
Students	19	24	43
Faculty	01	04	05
Total	20	28	48

Outcome of the Beach Cleanup Drive:

The beach cleanup drive was a huge success. It had a number of benefits, including:

- It helped to improve the cleanliness and appearance of the beaches of Versova.
- It helped to protect the marine environment from pollution.
- It raised awareness of the importance of keeping our environment clean.
- It provided an opportunity for volunteers to come together and make a difference in our community.

Submitted By:

Dr. Sakshi Kumar

Principal

Dr. Madhukar Gitte

Principal Claras College of Commerce Yari Road, Versova, Andheri (W), Mumbai-400 061



Yari Road, Versova, Andheri (W), Mumbai-61

NSS/2023-24/13A

Date- 05-10-2023

NOTICE

As per the directions received from Hon'Vice -Chancellor, NSS unit of Clara's College of Commerce is conducting 'Meri Maati Mera Desh Campaign on 11th October 2024.

Under this campaign all students and teachers are instructed to bring soil from their respective areas for Amrit Kalash and to upload a selfie by taking Maati in hand (Which should be clear) and needs to be uploaded in the given link.

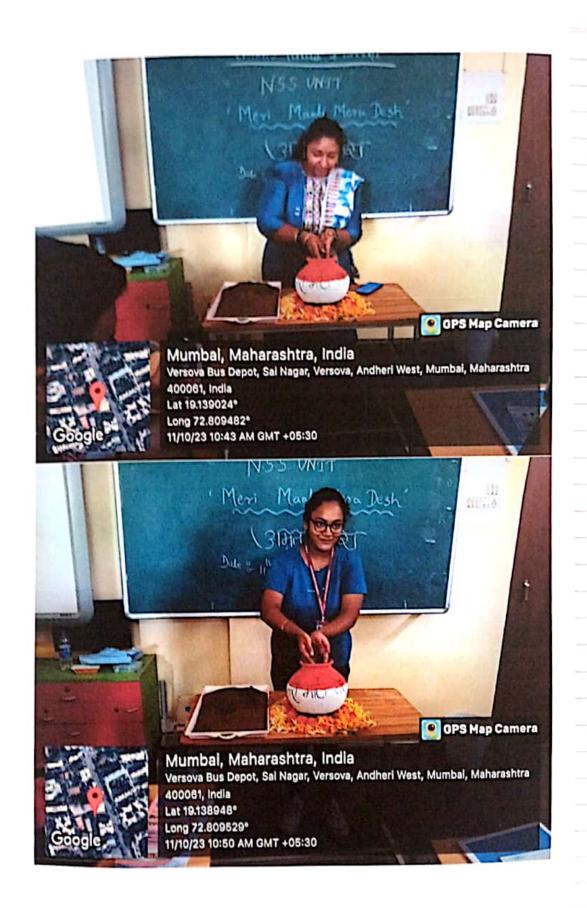
https://selfiewithmerimaati.in/photoupload/

Principal

Dr. Madhukar Gitte

FGE O.C.

Principal
Claras College of Common
Youthouse Course
Andhen (W), Jacobs 442 84





Yari Road, Versova, Andheri (W), Mumbai-61

Report on Meri Maati Mera Desh

Date: 11th October 2023

SDP/FDP: BOTH

Class - All Classes

Objective: The event was organized to instill a sense of pride in the

country.

Number of Participants: 54

Organizer: NSS

Report

NSS unit of Clara's College Of Commerce conducted an activity "Meri Maati Mera Desh" on 11th October 2023. By connecting with the land and honoring our heroes, this program will instill a sense of national pride and inspire future generations to protect India's cherished heritage.

Mrs. Ruchita Pandhare, NSS Programme Officer, delivered the welcome address on the occasion. Dr. Madhukar Gitte ,Principal of the College ,delivered the keynote address and inaugurated the function.

NSS volunteers and faculties collected soil from their respective areas as part of the 'Meri Maati Mera Desh' campaign launched by the Honourable Prime Minister of India, Narendra Modi. A pledge taking ceremony was also conducted under the banner of 'Meri Maati Mera Desh'. The event reinforced the idea that the bond between the land and the country is one that should be cherished and protected by everyone. It is not just an activity but it is a medium to connect oneself with the future of the country.

Number of Beneficiaries:

Male	Female	Total
24	20	44
03	07	10
27	27	54
	24 03	24 20 03 07

NSS Programme Officer

Ruchita Pandhare





Dr. Madhukar Gitte

Principal
Claras College of Commerca
Yari Road, Versova,
Andheri (W), Mumbai-400 061



Yari Road, Versova, Andheri, Mumbai-61

CCC/NSS/2023-24/15

01-12-2023

NOTICE

Blood Donation Camp - December 14,2023

Donate blood and be the reason for someone's existence

All students of Clara's college of Commerce are hereby informed that the NSS unit of Clara's College Of Commerce is conducting a Blood Donation Camp on December 14, 2023 (Thursday) in college auditorium from 8:00 am onwards. A healthy person can donate blood every three months, without any harm to his body.

All students who are above the age of 18 are hereby requested to come forward for this noble cause and register themselves for donating blood in this campaign.

CLARA CONTRIBUTION OF CONTRIBU

(Dr. Madhuar Gitte)

Principal

Ctaras College Yari Road, versova, Andheri (W), Mumbai-400 061









Yari Road, Versova, Andheri (W), Mumbai-61

Report on Blood Donation Camp

Date: 14th December 2023

Class - All Classes

Objective: The objective of the blood donation camp is to create awareness and motivate people, and students to donate blood and to help needy people.

Number of Volunteers: 34

Organizer: NSS

REPORT

"Blood knows no caste, creed, color, religion or race. There is no substitute to blood, it cannot be manufactured. It is that one thing that binds all of us."

The Blood Donation Camp was organized on 14th December 2023 in association with EkataManch and Mahatma Gandhi Seva Mandir Blood Bank. The event witnessed 282 participants. 211 approved blood bottles were successfully collected. All the volunteers actively participated in managing the program. The registrations for the same were started well in advance.

This drive helped to create awareness among the students and it also emphasized the need to donate blood to needy people. The advantages of the same were also made known to the students. The session ended with a vote of thanks to the medical staff, donor, volunteers and participants.

Number of Volunteers:

Number of Volunteers	s:		
Category	Male	Female	Total
Students	14	20	34

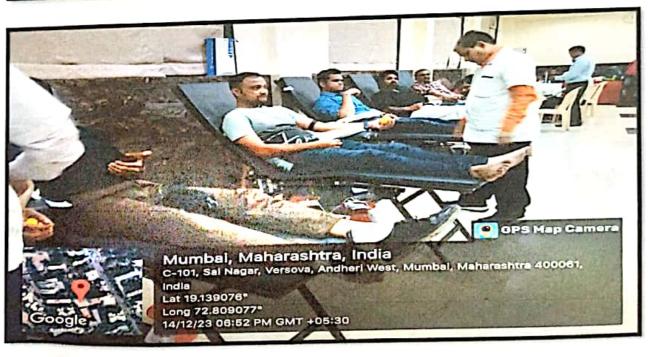
Prepared by -

Ms. RuchitaPandhare

Dr. Madhukar Gitte

Principal Glaras College of Commerce Yari Road, Versoys. Andheri (W), Mumbai-400 061





CLARA'S COLLEGE OF COMMERCE Yari Road, Versova, Andheri, Mumbai-61

CCC/NSS/2023-24/14

28 -11 -2023

NOTICE

All NSS Volunteers are hereby informed that N.S.S. Unit of Clara's College of Commerce is organizing 7 days Residential camp from 16th December 2023 to 22nd December 2023 at Usgaunfata, Bhatane Village, Virar (E).

Interested volunteers kindly give your name to NSS Programme Officer Mrs. Ruchita Pandhare on or before 8th December 2023.

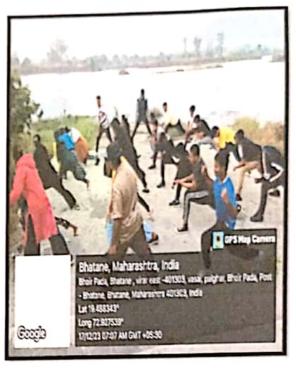
Dr.Madhukar Oitti

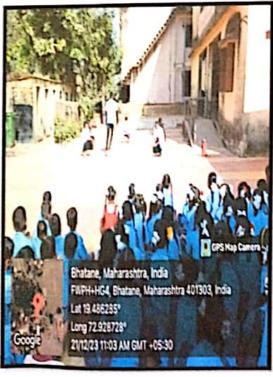


Principal
Principal
Claras College of Confidence
Yari Road, Variable
Andheri (W), Mumbal-400

NSS 7 DAYS RESIDENTIAL CAMP-16TH DECEMBER 23 TO 22ND DECEMBER 2023









Versova, Yari road, Andheri (W), Mumbai-400069

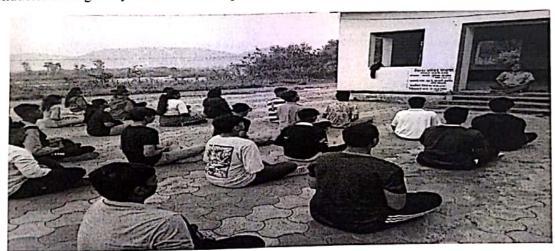
REPORT ON NSS RESIDENTIAL CAMP

N.S.S. Unit of Clara's College of Commerce organized 7 days residential camp at Bhatane Village, Usgaunfata, Virar (E) from 16th December 2023 to 22nd December 2023. There were 25 volunteers in all along with two NSS Programme Officers Mrs. Ruchita Pandhare and Mr. Surendra Chaudhary. The main objective to organize the camp was to spread awareness on health and hygeine. Andhshraddha Nirmulan and Women Empowerment. The Volunteers of the NSS unit performed many other activities - awareness programmes as Swatcchata Abhiyan, Communal Harmony, Andhshraddha Nirmulan, etc.

On the 1st day, inaugural function was conducted by programme officer, Ms. Ruchita Pandhare. She explained the aims and objectives of 7 days residential camp, purpose and entire schedule of camp. The students were divided in three groups and were assigned tasks and duties to be done by them on daily basis under the guidance of program officer. The following committees were formed:-

- Food committee
- Cultural Committee
- Management Committee

Yoga sessions were conducted daily in the morning to make students aware about the importance of yoga and benefits associated with it. Students showed great enthusiasm. Various activities were conducted during 7 days residential camp.





Activity 1:-Session on 'Soft Skills'

The session on Soft Skill was conducted By Mr. Nikhil Velari, a motivational speaker. Sir motivated and helped in improving the soft skills qualities of volunteers through various activities. The session was very interesting and interactive. It also helped the students to build leadership quality to achieve success in life.





Activity 2: Session on Nasha Mukti

The session on Nasha Mukti was conducted by Mrs. Disha Kalambe. The Volunteers were briefed about the harmful effects of various forms of addiction, dreadful consequences of addiction and societal impacts of being addict. The guest speaker also highlighted the fact that the person wastes whole of the youth in addiction and realizes too late as it is a vicious circle.





Activity 3:-Workshop on Disaster Management

The Workshop on Disaster Management was conducted by Mr. Manishkumar Pal. He taught various first-aid techniques through live demonstration. The session was very fruitful. Students learned various techniques which can be used during emergency situation.







Activity 4:- Workshop on Street Play

The session on Communal harmony was conducted by Mr. Sandesh Lalge on 4th day. He taught various innovative methods and techniques to attract the audiences. The do's and don'ts of the play various made known to the students. Active participation and motivation amongst the students was generated by Mr.Sandesh Lalge.





Activity 5:- Swatchaa Bharat Abhiyan

Swatchaa Bharat Abhiyan was carried out every day. Different areas of the village were considered and cleaned by the volunteers. This activity helped our students to explore and learn the importance of cleanliness. This also inspired the local villagers and maintains cleanliness in their surrounding areas.







Activity 6:- Rally

A rally was conducted by the volunteers on 5th day of the camp for the purpose spread awareness relating to Beti Bachao and Beti Padhao and Nasha Mukti. All the Volunteers organized a rally and went through the streets of the villages, gave slogans, raised banners.



Activity 7:- Street Play on Beti Bachao Beti Padhao and Andhashraddha Nirmulan

A street play was organized on the 5th and 6th day of the camp by NSS volunteers to spread awareness on 'Andhashraddha Nirmulan' and Beti Bachao Beti Padhao . Street play was performed at various places of adopted village. Sarpanch of Village, Villagers, as well as senile saw and appreciated the play.







Activity 8 - Social- Economical Survey at Villages

Volunteers conducted a survey at Bhatane village and Bhalivali Village in order to know the problems faced by the villagers. The total of 132 household were covered during the survey. The main motive of this survey camp is to collect data on availability of various infrastructure facilities like education, health monitoring, cultural activities and facilities for disabled person in the selected villages.





Principal Madhukar Gitte and Dr. Babita Kanojia visited the camp on 19th December 2024. Dr. Sakshi Kumar have also visited the camp on the 2nd day of residential camp.



PREPARED BY:

Ms. Ruchita Pandhare



Principal

Dr. Madhukar Gitte

Principal

Claras College of Commerce

Yari Road, Versey, 1.

Andheri (W), Mumbur-100 061

CLARA'S COLLEGE OF COMMERCE Versova, Yari Road, Andheri (W), Mumbai-400061 Affiliated to NEHRU YUVA KENDRA MUMBAI Maharashtra- Goa State, Mumbai

NATIONAL YOUTH DAY - 2024

All the students are hereby informed that Clara's College of Commerce and Clara's College of Education is organizing a series of activities for the 'National Youth Week -2024' starting from 10th January 2024 till 19th January 2024 in association with Nehru Yuva Kendra. Activities are perceived as an important part of education as they can help to improve the soft skills among students. All are requested to participate for the same.

	аш	00 pm	.00 аш	00 ат
TIME	9.30 am to 10.30 am	11.00 am to 1.00 pm	9.00 am to 10.00 am	7.00 am to 9.00 am
VENUE	S th Floor Auditorium, College Campus	Traffic Training Institute, Byculla	5th Floor Auditorium, College Campus	Versova Beach 5th Floor Auditorium, College Campus
PROGRAMME	Elocution/ Declamation Competition. Topic -Mera Bharat Viksit Bharat a 2047	Training on Road Safety	National Youth Day Celebration	Beach Cleanup Drive
DATE	10/01/24	11/01/24	12/01/24	13/01/24
SR.	-	8	n	4

Star Making Competition College Campus 9.00 am to 10.00 am	Street play on - Drive Smart, Arrive Alive	Sth Floor Auditorium, 8.00 am to 9.00 am. College Campus	ad Safety Versova Local Area 10.00 am to 11.00 am	Skill Development College Campus	ty Awareness, Student Participation with Andheri 9.00 am to 11.00 am	MERT
Essay and Poster Making	Street play on - Drive	Yoga Training	Rally on Road Safety	Lecture on Skill Development	Road Safety Awareness, Andheri Traffic Police	
15/01/24	15/01/24	16/01/24	17/01/24	18/01/24	19/01/24	Incharge teacher
w	9	7	œ	٥	10	Inchar

CLARA'S COLLEGE OF COMMERCE Versova, Yari Road, Andheri (W), Mumbai-400061

Affiliated to **NEHRU YUVA KENDRA** Maharashtra- Goa State, Mumbai

Report on National Youth Week

1. Elocution/Declamation Competition

• Date: January 10th, 2024 • Time: 9.30 am to 10.30 am

Activity: Declamation Competition on the topic "Mera Bharat Viksit Bharat @2047"

Participants: 12 students (competitive) and 150 students (audience)

Venue: 5th Floor Auditorium, College Campus





Learning Outcome: 12 passionate students delivered speeches envisioning a developed India in 2047, fostering patriotism and critical thinking among the 150 attendees. The judging panel, comprising eminent personalities like Mrs. Ratnaprabha Rajmane, Mrs. Jacintha Divyanesan, and Mrs. Upasana Roy, adds weight to the value and impact of the competition. Key Takeaways from Elocution/Declamation Competition: Vision for Developed India, patriotism and civic engagement, creative thinking and communication skills along with rich leaning experience and Importance of youth voice.

2. Training on Road Safety

Date: January 11th, 2024 Time: 11.00 am to 1.00 pm

Activity: Road safety training session

Participants: 85 students

Venue: Traffic Training Institute, Byculla





Learning Outcome: The Mumbai Traffic Police equipped students with crucial knowledge and skills for safe road navigation through interactive sessions. The session incorporated interactive activities and exercises to make learning engaging and effective. This approach helped students retain information better and apply it to realworld situations. Students learned practical skills such as crossing roads safely, identifying traffic signals, and using public transportation responsibly. These skills will help them navigate the city's transportation system with confidence and minimize risks.

3. National Youth Day Celebration

 Date: January 12th, 2024 • Time: 9.00 am to 10.00 am

Activity: Celebrating National Youth Day

• Participants: 106 students

Venue: 5th Floor Auditorium, College Campus







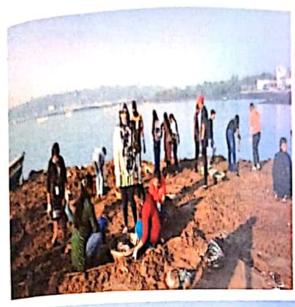
• Learning Outcome: The event commemorated Swami Vivekananda's birthday with film screenings, inspiring speeches, and discussions on the role of youth in nationbuilding, engaging 106 students. This event emphasized the power of young minds to drive positive change through active engagement and innovative thinking.

Beach Cleanup Drive
 Date: January 13th, 2024

• Time: 7.00 am to 9.00 am

Activity: Beach cleanup drive Participants: 113 students

Venue: Versova Beach







• Learning Outcome: Demonstrating environmental awareness, 11 students contributed to a cleaner coastline through the Versova Beach cleanup drive. This initiative provided a valuable learning experience, raising awareness about plastic pollution and inspiring students to become responsible towards the environment. The drive fostered a sense of teamwork and collaboration as students worked together to clean the beach and contribute to a common goal.

5. Essay and Poster Making Competition

Date: January 15th, 2024

Themes: Essay and poster making competition

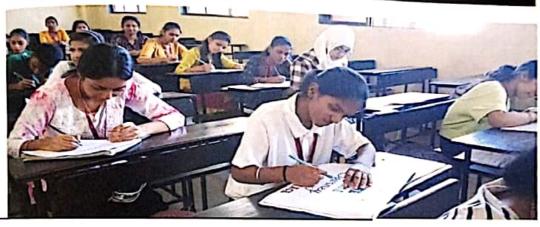
Themes: Essay - Beyond Rules: Cultivating a Culture of Road Safety; Poster - Life is a Journey Take it City

Journey, Take it Slow Participants: 97 students

Venue: 5th Floor Auditorium, College Campus







• Learning Outcome: 97 students participated, expressing their ideas on promoting road safety through creative writing and visual art, showcasing their understanding and commitment to this crucial issue. The Essay and Poster Making Competition served as a platform for students to raise awareness, share ideas, and inspire others to prioritize road safety. This approach engages students beyond conventional learning and encourages them to think critically and express their ideas in unique ways.

6. Street Play on Drive Smart, Arrive Alive

Date: January 15th, 2024

• Time: 10.00 am to 11.00 am

Activity: Street play performance on road safety awareness

Participants: 30 students
Venue: Versova Local Area





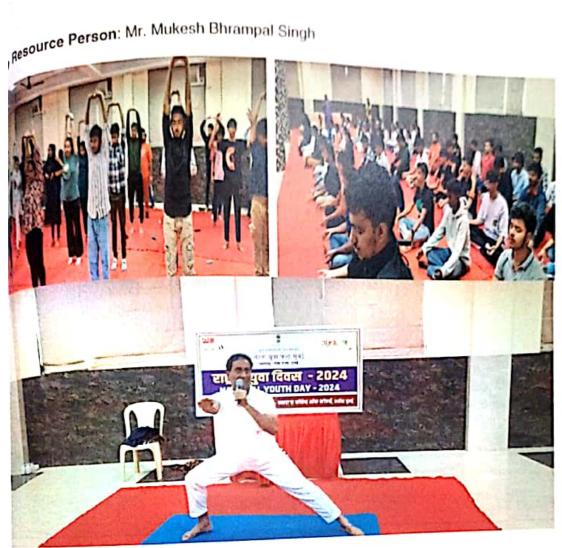
Learning Outcome: A student-led street play in Versova engaged the local community through impactful performance, spreading the message of responsible driving and safe practices. Street plays utilize a dynamic format that readily grabs attention and resonates with audiences. This approach proved impactful in reaching the Versova community and effectively conveying the message about road safety. Performing in Versova allowed the students to directly connect with the community they are a part Versova allowed the students to directly connect with the community awareness and of. This localized approach can have a lasting impact on residents' awareness and behavior.

7. Yoga Training Session

Date: January 16th, 2024
Time: 8.00 am to 9.00 am
Activity: Yoga training session
Participants: 85 students

Venue: 5th Floor Auditorium, College Campus





Learning Outcome: Conducted by respected yoga instructor Mr. Mukesh Bhrampal Singh, the session offered students an opportunity to improve their physical and mental well-being. Through asanas and mindful breathing, they discovered tools for both physical strength and mental peace, enriching their overall well-being. This experience instilled the importance of holistic wellness in student lives.

Rally on Road Safety
Date: January 17th, 2024
Time: 9.00 am to 10.00 am

Activity: Rally for road safety awareness

Participants: 176 students Venue: Versova Local Area



Learning Outcome: 176 students actively participated in raising awareness about crucial road safety measures through a rally in the Versova local area. The rally safe practices, paving the way for a safer community for responsible driving and in Versova itself, directly engaging the local residents and raising awareness about road safety issues relevant to their everyday lives. This localized approach can have a lasting and sends a strong message about the importance of safe practices.

Lecture on Skill Development

Date: January 18th, 2024

Time: 10:00 am -12:00 noon

Activity: Workshop on skill development

Participants: 71

Venue: 5th Floor Auditorium

Resource Person: Mrs. Ratnaprabha Rajmane and Mrs. Upasana Roy





Learning Outcome: From theory to practice: This session bridged the gap between knowledge and action, equipping students with practical skills that can be implement practically. The session was helpful in sharpening the skills, sparking the curiosity. The session act as an interactive workshop for dynamic discussions, and hands-on learning experiences.

1 Road Safety Awareness Drill with Andheri Traffic Police

Date: January 19th, 2024

• Time: 9:00 am-11:00 am

Activity: Road Safety Awareness Drill with andheri Traffic Police

 Venue: Mhada Signal, Model Town, Near Gyan Kendra School, Four Bunglows Kamdhenu; Andheri







Learning Outcome: 53 students actively participated in a road safety awareness program in Andheri along with the Andheri Traffic Police. This collaborative initiative strengthened the college's partnership with law enforcement, furthering their shared goal of creating a safer road environment for the community. Participants gained knowledge about various road safety rules and regulations, including traffic signals, pedestrian crossings, safe driving practices, and emergency procedures.

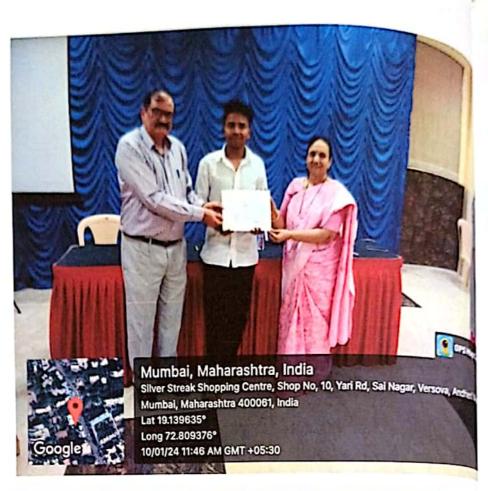
Activity Incharge

Mrs. Ruchita Pandhare

Principal

Dr. Madhukar Gitte

Principal Charas College of Commerce Yarl Road, Versova Andheri (W), Mumbai-400 061













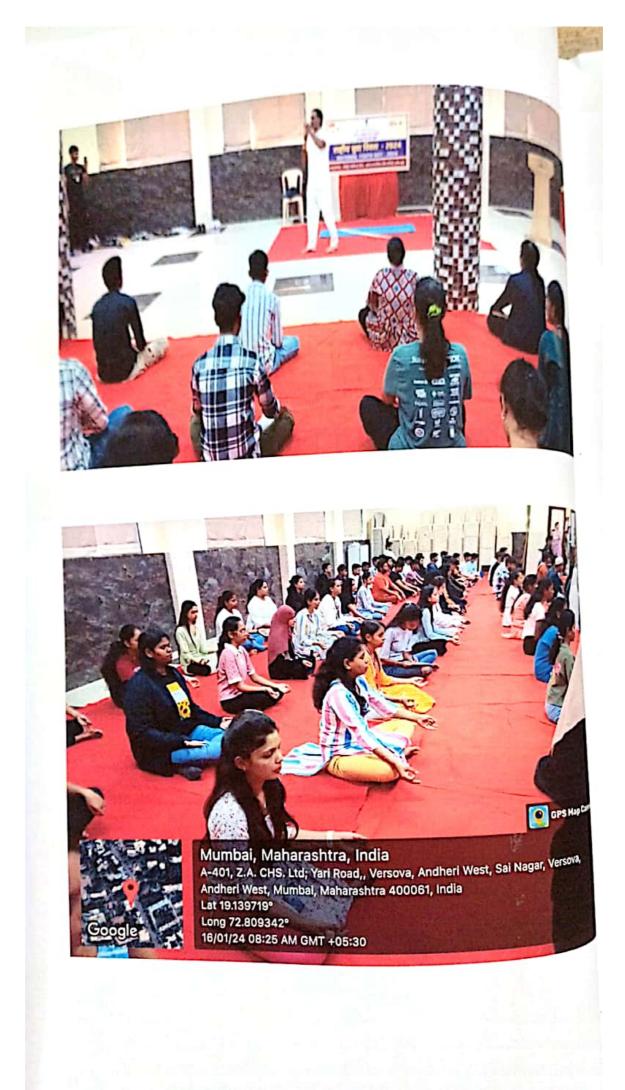






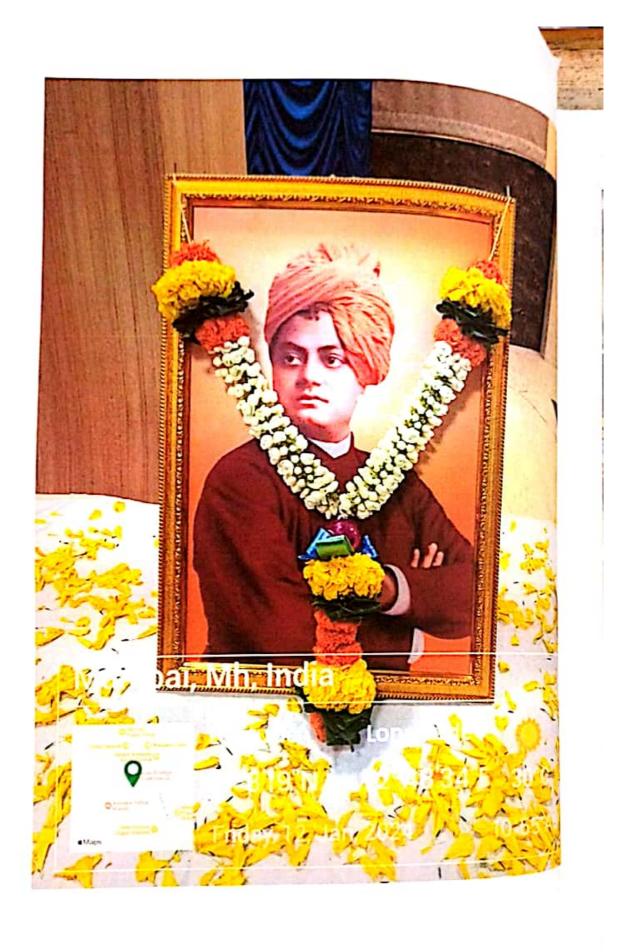












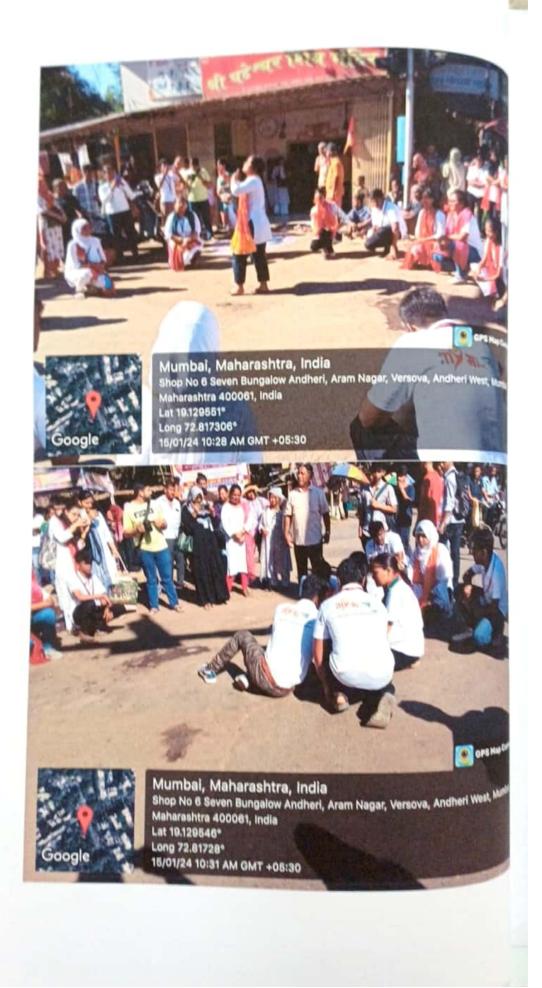






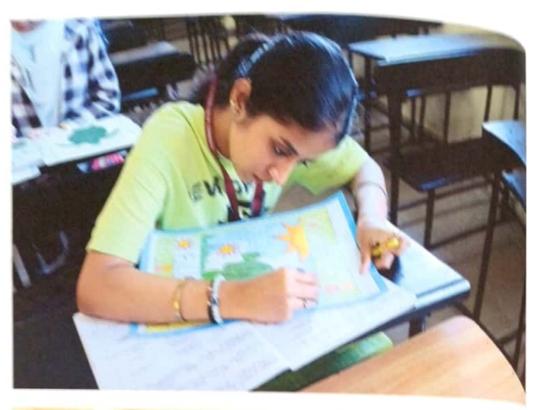


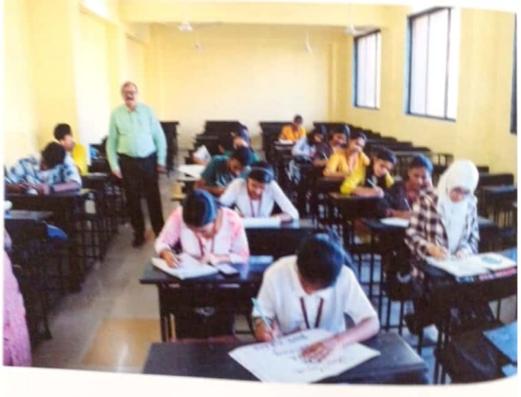






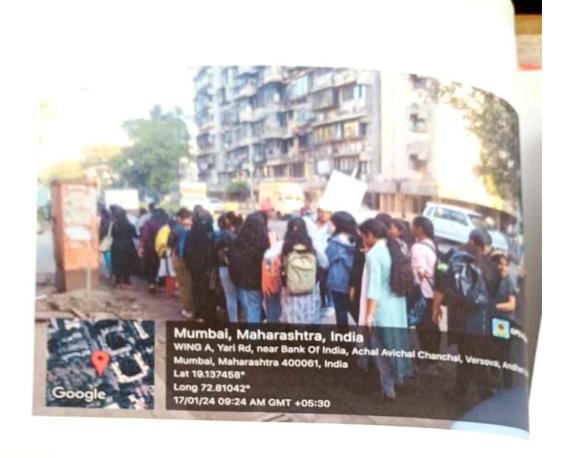




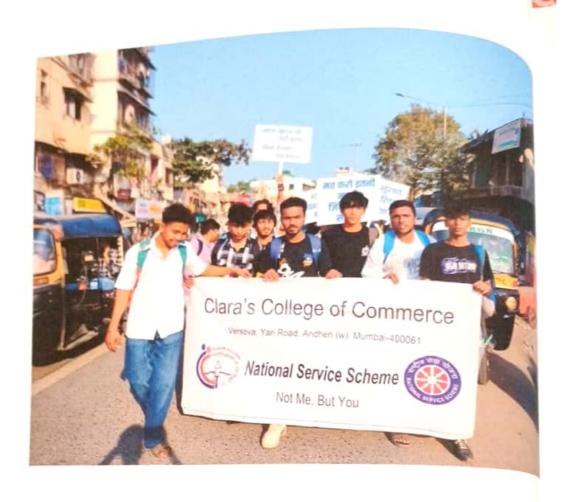






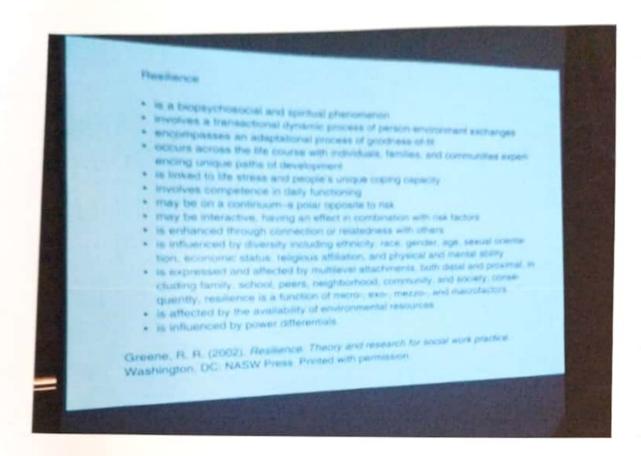








Scanned with CamScanner









CLARA'S COLLEGE OF COMMERCE Yari Road, Versova, Mumbai.

NOTICE

Notice/106/2023-24

29.01.2024

All the students of BCOM, BMS, BAF, BAMMC, MCOM (PART- I) and MCOM (PART- II) are hereby informed that an Awareness and Demonstration session on "Road Safety" is organized for students on 01st February, 2024 at 09.00 a.m. onwards.

All the students should remain present for the same.

(Dr. Gitte Madhukar) Principal

Claras College of Coll









CLARA'S COLLEGE OF COMMERCE

Yari Road, Versova, Andheri (W), Mumbai-61

Report on Awareness and Demonstration Session on Road Safety Conducted by Regional
Transport Office and United Way Mumbai

pate: 1" February 2024

SDP/FDP: SDP

class - All Classes

Objective: The primary objective of the program was to raise awareness among students about road safety rules and regulations. The training aimed to educate participants on safe driving practices, responsible pedestrian behavior, and the importance of following traffic raws

Number of Participants: 115

Organizer: NSS & IQAC

Report

On February 1,2024 Road Safety Training program was conducted at Clara's College of Commerce, Versova, Mumbai, in collaboration with the Regional Transport Office (RTO) and the non-profit organization United Way Mumbai. The IQAC department and NSS unit of the college collaborated in organizing the event.

Guest Speakers:

- Santaje Barge, Motor Vehicle Inspector, RTO
- Hanumant Gele, Assistant Inspector, RTO
- Priyanka Nirwan, Assistant Inspector, RTO
- Mr. Roshan Kate, United Way Mumbai
- Mr. Sujit Patil, United Way Mumbai

Program Highlights:

- The program commenced with a welcome address by the Principal, Dr. Madhukar Gitte
- Mrs. Ruchita Pandhare introduced the esteemed guests.
- Mr. Roshan Kate and Mr. Sujit Patil from United Way Mumbai conducted the training session.
- The session covered various aspects of road safety, including:
- · Traffic rules and regulations
- Safe driving practices

- importance of wearing helmets and seatbelts
- Responsible pedestrian behavior
- Road safety signs and symbols
- consequences of traffic violations
- The speakers shared informative presentations, videos, and real life examples to effectively communicate the message.
- An interactive session followed the presentations, allowing students to assignment and
- Ms. Minakshi Kandhari delivered the vote of thanks, expressing gratitude to the speakers and organizers.

Guest Felicitation:

Principal Dr. Madhukar Gitte felicitated the guest speakers from the RTO and United Way Mumbai for their valuable contribution to the program

Number of Beneficiaries:

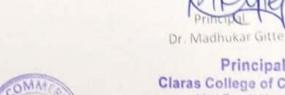
Category	Male	Female	Total
Students	53	51	104
Faculty	04	07	11
Total	57	58	115

Outcome:

The Road Safety Training program was a successful initiative in raising awareness and ad is a sestudents about responsible road behavior. The collaboration between the RTO, United Will, Mumbai, and Clara's College of Commerce played a crucial role in organizing this impaction event. By empowering students with knowledge and understanding of road safety principles. the program contributes to creating safer roads for everyone.

Prepared by:

Dr. Sakshi Kumar



Principal Claras College of Commerce Yari Road, Versor











CLARA'S COLLEGE OF COMMERCE Yari Road, Versova, Andheri, Mumbai-61

CCC/NSS/2023-24/15

25 -01 -2024

NOTICE

All NSS Volunteers are hereby informed that N.S.S. Unit of Clara's College of Commerce is conducting a Street Play on Road Safety at M.A. High School, Andheri in association with D. N. Nagar traffic Department on 9th February 2024.

Interested volunteers kindly give your name to NSS Programme Officer Mrs. Ruchita Pandhare on or before 28th January 2024.

Dr. Madhukar Gitte



Principal
Principal
Principal
Claras College of Common
Yari Road, Versova
Andheri (W), Mumbalaga







CLARA'S COLLEGE OF COMMERCE

Yari Road, Versova, Andheri (W), Mumbai-61

Report on Street Play on Road Safety

Date: 9th February 2024

Objective: To create awareness and promote road safety.

Number of Participants: 12

Organizer: NSS

Report

A street play on Road safety was held at M.A. High school, Andheri where the NSS volunteers of Clara's College Of Commerce enacted in association with D. N. Nagar traffic Department on 9th February 2024. Indian actor, Comedian Mr. Govind arun Ahuja known as Govinda was the chief guest. The volunteers had put a play on Road Safety Awareness by enacting various situations where traffic rules are violated by the public and how as a responsible citizens should abide by the rules.

It showcased the difference in the scenario of a road mishap by the simple presence of a helmet. It was a worthy effort and an effective measure to spread road safety awareness.

OUTCOME: Students acquired knowledge and understanding of the road traffic signals, and traffic rules.

Number of Participants: 12

Category	Male	Female	Total
NSS Volunteers	05	06	11
Faculty		01	01
Total	05	07	12

Prepared By:

Ruchita Pandhare

CCAPAGE AND SOLVER AND

Dr. Madhukar Gitte

Principal
Claras College of Commerce
Yari Road, Versova,
Andheri (W), Mumbai-400 661.

Clara's College of Commerce Yari Road, Versova, Andheri (W), Mumbai-400061

Notice

Notice/2023-2024/115

Date: 21/02/2024

As per the circular of University of Mumbai, this is to inform all the students our college is happy to celebrate "Marathi Bhasha Divas" on 27^{th} of February 1024 to honour the birth anniversary of famous Marathi poet Vishnu Van Shirwadkar, who was popularly known as 'Kusumagraj. On this occasion collis organizing an Essay Writing Competition.

- * Topics for Essay Writing Competition -
- मराठी भाषेचा इतिहास,मराठी भाषेचा समृद्ध ठेवा
- 2. मराठी भाषेला काळाच्या ओघात जिवंत ठेवण्याची गरज
 - * Venue- A.V Room , 5th Floor
 - ❖ Time- 7.30 am to 8.00 am

The students who want to participate in Essay Writing Competition are request to give their names to Prof. Surendra Chaudhari, or Prof. Ruchita Pandhare.

CLARAS COLLEGE

Principal, v

Dr. Madhukar Gitte

Claras College of Commerce Var' Road, Variable (No. 1971)







Scanned with CamScanner





CLARA'S COLLEGE OF COMMERCE Yari Road, Versova, Andheri (W), Mumbai-61

Report on Marathi Bhasha Diwas celebration

Date: 27th February 2024

Objective: To create a festive atmosphere and to spread awareness about

Marathi culture and literature.

Number of Participants:

Organiser: NSS & Cultural Committee

Report

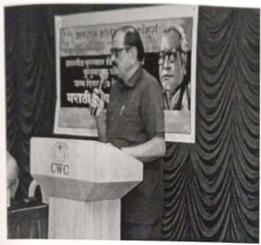
Every year 27th Feb is celebrated as the Marathi Bhasha Diwas on a large scale throughout the world on account of Marathi Literature Icon's Birth Anniversary Shri Vishnu Vaman Shirwadkar. He was a famous Marathi poet, writer, artist, lyricist, etc. Kusumagraj is famously known as also Gnyanapeeth award winner, one of the most prestigious awards of the Government of India.

Clara's College of Commerce celebrated Marathi Bhasha Diwas on 27th February 2024 in the auditorium. Chief Guests for the function were Mrs. Jacintha (Principal of Junior college of CWC) and Mr. Surendra Chaudhary, (Assistant Professor of Clara's College of Commerce). The function started with welcoming of the Dr. Madhukar Gitte, Principal of Clara's College Of Commerce and Chief guests with traditional lazim performance and followed by the lighting of the lamp and Saraswati Vandana by the Principal and chief guests.





Principal Sir spoke voraciously regarding Marathi language, its origin, significance and efficiency. He also emphasised the fact that Marathi is truly a very accessorised, self-sufficient and beautiful language and one must possess immense pride and honour while using that language in day-to-day life. The main motto of this event was that the new generation must understand the importance of the language. To keep its heritage alive among college students, this day is celebrated. Mr. Surendra Chaudhary expressed his views about Kusumagraj and recited a poem written by him.



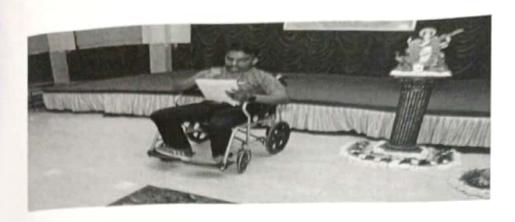


Then, the students recited some Marathi poems written by Kusumagraj, which were appreciated by everyone present. Students also sung Maharashtra Geet and performed traditional dances.









The college also conducted an Essay writing competition by keeping Marathi Bhasha Diwas as the theme of the day. All the winners and participants were presented with the certificate. The winners of an essay writing competition were:

- 1. Esha Koli -SYBCOM First
- 2. Clarrisa D'souza SYBCOM Second
- 3. Felicia Gracious SYBCOM Third











Overall, the celebration of Marathi Diwas was a grand success, and it helped in promoting the Marathi language and culture among the students. NSS PO Mrs. Ruchita Pandhare did the compering for the session as well as presented a vote of thanks.



Number of Participants:

Category	Male	Female	Total
Students	36	26	62
Faculty	04	08	12
Total	40	34	72

Outcome: The event was a great opportunity for the students to learn about the rich heritage and literature of Marathi language.

Prepared By:

Ruchita Pandhare



Dr. Madhukar Gitte

Pfincipal

Principal
Claras College of Commerce
Yari Road, Versova.
Andheri (W), Mumbai-400 061.











CLARA'S COLLEGE OF COMMERCE Yari Road, Versova, Andheri, Mumbai-61

CCC/NSS/2023-24/16

28 -02 -2024

NOTICE

Mumbai is facing tremendous shortage of blood!

All students are hereby informed that N.S.S. Unit of Clara's

College of Commerce is conducting Blood Donation Camp at

Andheri Station.

We request your presence to make the camp a rousing success. Let us unite and save lives.

Together, we can!

> Date : 1st March, 2024

> Address: Andheri Station

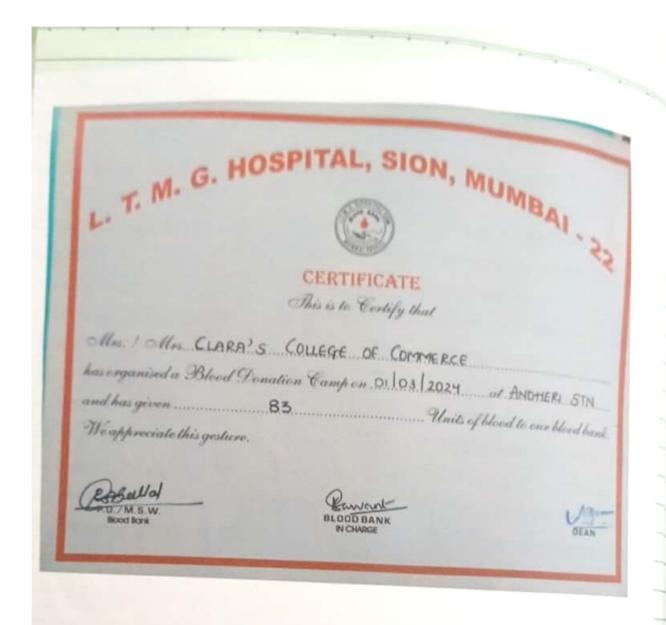
> Timing: 10:00AM to 5:00 PM



Dr. Madhukar Gitte

Principal
Princi







Scanned with CamScanner

CLARA'S COLLEGE OF COMMERCE

Yari Road, Versova, Andheri (W), Mumbai-61

Report on Blood Donation Camp

pate: 1ST March 2024

Objective: The goal of this Blood Donation Camp was to collect as many blood units as possible so that they might help those in need

Number of Volunteers: 28

Organizer: NSS

REPORT

The NSS unit of Clara's College Of Commerce organized a blood donation camp on 1st March ,2024 at Andheri Railway Station with collaboration to L T M G hospital Sign Mumbai-22. The camp started at 9 am.

Many first-time donors were seen donating their blood with a sense of responsibility for social cause. Before donating blood, individuals were screened for eligibility and asked a series of health-related questions to ensure the safety of both the donor and the recipient. After donating blood, participants were given snacks along with a certificate for Blood Donation. With sheer dedication for the cause, 83 blood units were collected

The camp ended at 5pm .It was a proud moment for the NSS unit for successfully organizing this Blood Donation Camp.

Number of Volunteers:

duling of comme			
Category	Male	Female	Total
Students	16	10	26
Faculty	01	01	02
Total	17	11	28
LUIAI			

Prepared by -Ms. RuchitaPandhare

(Principal) Dr. Madhukar Gitte

Perincipal Claras Goollege of Comm Yarrari Road, Versova, Anghaniévi (Mumbai-400 p

	Venture of NSS Cell, University of Ma		
	BLOOD DONATION CAMP II		-
	the Blood Paul Pull Parks of		
	the Blood Bank Line College NSS 1 12 Land	PILLUTE STREET	
			-
	the Blood Bank Land. Canal Control of the NSS Volunteers assisting Blood Bank		
	Commanie (First Name)		
	SAMAR SINGH		
	HRUDRY TOTAL		
	NIALE JUNA		
	ONKAR THAKUR		-
	MANTHAN BEVKEL		
	RITWIN SHAM		
	MARITI MEDAR		
	MEHAK SINGH		
	MUSKREN SHOLKH	2	
10	MEHWAZ ANSARI		
12	SHIPRA TOLSHIVAR		-
13	ANAURA ATURNA		
14	NAZIVA SHAIXH TANVI ZADHAV		
1-15	DHANANTAY SHARNA		
16	MIANTAN - ACHIREMAN		-
17	MICHARY CULLIER		
18	FREDERN (DESK) KHEN		
19	CHENT (OFFI) SOLBINKI		
	ALBUM HEEN (DOSE) POLITICES		
21	DWARKESH VENGURLEDAL		
	and or bushings		3 -
23	DODGOTI BANGOLE		1
24	THE HUNGTIT GHOSE		
25.	VIGNESH ONCHAN		1
	99		-
Total n	iotivated donors		11 - 11 -
Total re	siected Donors		
Total B	lood Unit Collected		-
		REGILE LOLL	
	49 17 1		
Kah	of the Blood Bank Ornica BLOOD SHIPE		
Name	of the Blood Bank Orner BLOOD SHITAL		
	BING Jumba	EOE OF	
	of the Blood Bank Ornica BLOOD SPITAL STAND SUMBAL SCANOR THE BLOOD I	Con	4 -
	Scalin	(3 MUMIL / 12 MUMIL /	



Scanned with CamScanner

CLARA'S COLLEGE OF COMMERCE Yari Road, Versova, Mumbai.

Notice

Notice/2023-24/149

12.04.2024

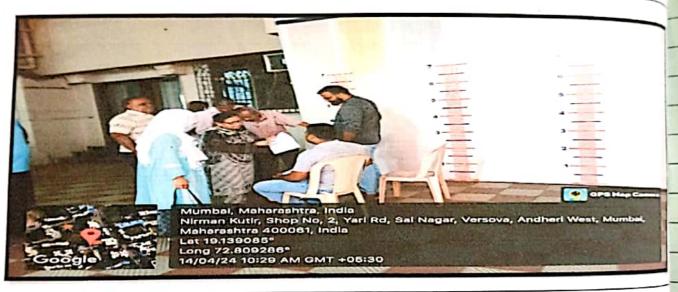
All the students of B.Com/BMS/BAF/BAMMC are hereby informed that Clara's College of Commerce is participating with Ekta Manch for organising Health Checkup Camp on 14th April, 2024 at 8.00 am to 4.00 pm. Interested students can give their names for volunteers to Programme officer Prof. Ruchita Pandhare by 13th April, 2022.

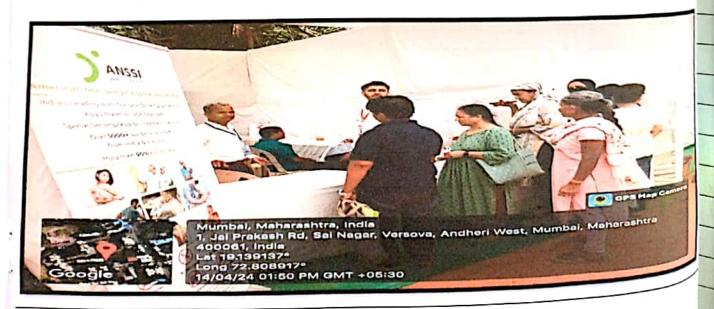
(Dr. Madhukar Gitte) Principal



Principal
Claras College of Commerce
Yar' Road, Versova,
Andheri (W), Mumbai-400 961









एकता मंचकी तरफ से प्यार भरी सीगात

FREE COMPLETE HEALTH CHECKUP AND CANCER DETECTION CAMP

Save a life Donate Blood **Blood Donation Drive**

Save a life Donate Blood

- General Check-Up & Distribution of free Medicines
- Eye Check-Up & Distribution of free Spectacles
- Blood Grouping, Blood Sugar, routine blood tests
- o Arthritis, Spine Problems, Bone Densitometry
- Kidney, Bladder and Prostate Problems

Ayurvedic Medicine and Check-up

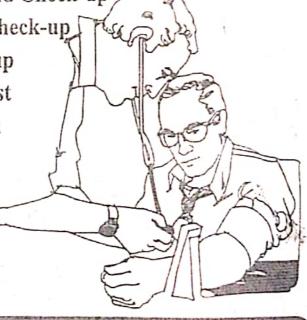
Unani Medicine and Check-up
 Varicose veins Check-up

o Pulmonary function test

O Check-Up for Children

O Gynaec Check-Up

- Dental Check-Up
- O E.N.T. Check-Up
- O Skin Check-Up
- O E.C.G



14th
April
2024

9:00a.m to 4:00p.m Children Welfare Centre High School Yarl Road, Versova Mumbai - 61 Registration till 1.00p.m

Prashant Kashid - 98213 62625

CLARA'S COLLEGE OF COMMERCE Yari Road, Versova, Andheri (W), Mumbai-61

Report on Medical Health Camp

Date: 14/4/2024

Objectives:

- To promote community health awareness and provide essential medical services to the local residents.
- 2. To promote community health and well-being.

Number of Volunteers: 152

Number of Beneficiaries: 864

HOURS DEVOTED: 8 Hours

REPORT

Annual Medical Camp was organized by Ekata Manch, a vibrant NGO of Mumbai on 14th April 2024 at CWC ground. The N.S.S. a unit of the college participated in an annual medical camp. N.S.S volunteers, teachers, Non-Teaching staff and Students actively participated in managing the entire programme. The Camp was organized for the benefit of underprivileged people of the society.

The health camp witnessed active participation from the local community, with a significant turnout of residents eager to prioritize their health. The event served as an opportunity for individuals to engage with healthcare professionals, seek advice, and address health concerns. Total of 864 people visited the camp and took the benefit of the camp. Total 165 doctors and medical staff from Nair Hospital, Cooper Hospital, Sion Hospital and Some private doctors also participated.

In the camp there were various medical stalls set up to Check up for Cancer, Eye, Arthritis , Spine problems, Bone Densitometry ,Kidney ,Bladder and Prostate problems, Gynaec, General , Blood Sugar, Dental, Varicose Vein , Neuropathy ,E.C.G , Asthma, Children, Skin, Dietician, Ayurveda .Medicines and Spectacles were distributed free of cost.

Speaking on the occasion, Mr. Ajay Kaul, President of Ekata Manch said, "Our institution always organizes all kinds of free health camps for the benefit of the people. It is good and helpful if any illness is detected earlier and more people get the right and proper treatment in the nick of time."

Mr. Prashant Kashid, Activity Chairman of Children Welfare Center, added, "Our mission is not to host normal health camps. Our aim is to treat all kinds of sickness and diseases including detecting cancer at its early stage and providing medicines and treatment to those persons absolutely free. We also

distribute free spectacles too. There are many who cannot afford and through these free camps we Want to help and provide treatment to as many people as we can."

The event not only provided vital health services to the community but also fostered a sense of responsibility towards one's health. Such initiatives are crucial in promoting a culture of health consciousness and well-being within the community. All the doctors were felicitated with a memento for their noble services as health care professionals and thanks letters were given to them. Teaching, nonteaching staff & students of college enthusiastically provided their social services in the camp for its success.

Outcome:

This camp brought affordable healthcare and free health information to the community and identified the common health problems of the community in order to devise ways of addressing them.

Number of Volunteers: 152

Category	Male	Female	Total
Total	55	97	152
101			

Number of Beneficiaries: 864

Category	Male	Female	Total
Total	408	456	864

Prepared by:

Ms. Ruchita Pandhare

Dr. Madhukar Gitte

Claras College of Commerce Yar' Road, Versova, Andh - (W), Mumbal-400 061